Nutrition with Intention®
Premium Wellness Products
Nutrition with Intention®

At New Spirit Naturals, we are committed to helping you, your family and your friends find a path to optimal health and wellness. We know that this journey can sometimes be a bumpy one as you are continually trying navigate through what can often be overwhelming challenges in being healthy, eating right and staying fit. But know that we are here to provide you with the support you need to succeed. Our Nutrition with Intention® philosophy incorporates continual health based education in combination with science based nutritional products to provide you with the tools to master even the toughest nutritional challenges. By joining us in this holistic approach to wellness that includes a balanced combination of good nutritional, dietary and lifestyle choices, we know that your health journey has no choice but to be a complete success!

Our Daily Quest

At the forefront of our commitment to you is that every ingredient we use must have the potential to support your body’s natural ability to renew, rejuvenate and heal itself...both inside and out. Our daily quest is to unlock the benefits of nature’s botanicals and herbs, functional foods and time tested nutritional ingredients to develop easy to use, life changing proprietary formulas and products that support your optimal health, wellness and beauty goals.

Only the Best

Only the best ingredients survive our rigorous process to be approved for inclusion in our cutting edge formulations. Every ingredient included in our formulations must pass a multi-step approval process that includes a multitude of testing for strength, purity and composition. This process assures you that every product New Spirit Naturals manufactures will be of the highest quality, free of adulteration and contain only the best ingredients available on the market.

Quality You Can Trust

Our commitment doesn’t stop at our testing. New Spirit Naturals strives to be superior in every aspect of Nutritional Supplement Manufacturing. With over 100 years of combined manufacturing knowledge, our quality control team makes sure that every product is given the utmost attention to detail. Our manufacturing facility is FDA registered and audited on a yearly basis to ensure we have the most stringent quality manufacturing standard in the industry. And it doesn’t stop there! New Spirit Naturals is also a NSF certified manufacturing facility recognized for its superior GMP’s (Good Manufacturing Practices). This independent, third party certification assures our members that we document and control every ingredient and component in the process of manufacturing, from the auditing of supplies to the moment you receive the finished product. Every ingredient... every product... EVERYDAY!

Experience the Difference

For over 35 years, with our Member’s dedication and support, we have been able to help millions of people in over 25 countries around the world achieve their wellness goals. We give thanks daily for our health and for the health of each other, our families and all of our New Spirit Naturals worldwide family. We invite you to join us in our mission “To change the health of the world, one person at a time.”

NOW IS YOUR TIME!
Good health begins with the body’s ability to digest essential nutrients and eliminate harmful toxins. With over 60% of the immune system located in the gastrointestinal tract, good digestive health is essential for the body’s overall performance and vitality.

消化健康

**Lacto-Supreme™**
- 复合消化酶，前体生物＆益生菌。
- 帮助消化乳糖（牛奶糖）和复杂碳水化合物（淀粉、乳糖、糖和乳制品）。
- 帮助改善消化道中乳糖和乳制品的吸收，减少不适症状。Lacto-Supreme™ 可以帮助改善消化道中乳糖和乳制品的不适症状。
- 针酸盐和双歧杆菌：Lactobacillus Acidophilus，Bifidobacterium bifidum，L. rhamnosus，L. salivarius，L. acidophilus，L. plantarum，L. brevis，B. lactis，B. longum，Lactobacillus acidophilus (Lactose Free)。
- 产品信息：(5000C) 180 粒胶囊 $29.95。

**Gut Renew**
- 支持漏斗骨质、IBS、慢性胃病和其他相关问题。
- 天然成分，可帮助支持和修复胃肠道。
- 常见成分包括：聚谷氨酸、纤维素、甘油三酸酯、短链脂肪酸、β-葡聚糖等。
- 产品信息：(2096) 240 粒粉末 $44.95。

**Jerusalem Artichoke Flour (JAF)**
- 对那些有Candida Albicans有利。
- 融合低聚糖（FOS）、益生菌和益生元，以帮助平衡消化道。
- 产品信息：(5002) 171 粒粉末 $39.95 (53份 servings)。

**Microbiome Probiotic Complex**
- 保护E.Coli感染。
- 促进消化。
- 支持免疫功能。
- 优化消化和维持健康。
- 包含有益菌组合：Proprietary Microbiome Probiotic Blend (Lactobacillus Acidophilus，Bifidobacterium bifidum，L. plantarum，L. salivarius，L. bulgaricus，L. casei，L. rhamnosus，L. brevis，B. lactis，B. longum，Lactobacillus acidophilus，Bifidobacterium bifidum，L. plantarum，L. salivarius，L. bulgaricus，L. casei，L. rhamnosus，L. brevis，B. lactis，B. longum，Lactobacillus acidophilus，Bifidobacterium bifidum，L. plantarum，L. salivarius，L. bulgaricus，L. casei，L. rhamnosus，L. brevis，B. lactis，B. longum)。
- 产品信息：(3000) 60 粒胶囊 $34.95。

**Phytol-Opti-Zymes℠**
- 可以帮助缓解胀气和便秘。
- 破解食物中抗消化的酶。
- 支持碳水化合物和酶消化。
- 产品信息：(2097) 60 粒胶囊 $36.95。

**Paratox™**
- 含有清洁、排毒和消化性质。
- 寄生虫会导致皮肤、呼吸系统、胃肠道等疾病。
- 产品信息：(2069P) 200 粒胶囊 $28.95。

**Magic Fiber℠ CLR**
- 11克可溶性、无色、无味的纤维。
- 不会在水中溶解。
- 由超过70种天然矿物质组成。
- 产品信息：(5003) 2 磅粉末 $74.95。

**NutriCleanse℠**
- 2.5克清洁纤维素每份。
- 促进健康和清洁。
- 有助于保持肠道内的健康。
- 产品信息：(5000C) 180粒胶囊 $29.95 (5000CL) 500粒胶囊 $79.95 (5000) 16盎司粉末 $32.95 (5005G) 500克粉末 $79.95。

W E L L N E S S T I P
- 体育活动可以促进肌肉的血液循环，改善肌肉组织的工作效率。
- 让你的目标是每天运动30分钟。
The Wellness Pack

The Wellness Pack provides nutritional support to:

- Neutralize free radicals
- Promote normal intestinal tract health
- Support healthy, daily elimination
- Provide heart healthy omegas and macronutrients
- Rebuild with easy, digestible proteins and amino acids
- Maintain a healthy diet and lifestyle
- Create abundant, long lasting energy

**Vita Balance 2000+** (ADVANCED DAILY MULTI-VITAMIN)

- Can be taken on an empty stomach or with a meal.
- Contains all eight water soluble B vitamins.
- Optimized balance of minerals to provide superb absorption.
- Provides not only major minerals, but a full spectrum of 70+ trace minerals in their natural ionic state.

Over 125 ingredients in Vita Balance 2000+ provide a comprehensive nutritional foundation for good health and wellness by featuring an optimized blend of all essential vitamins, chelated macro minerals, amino acids, trace minerals and a bio botanical complex of 20 plus natural herbs.

Key ingredients include: An optimized Citrus Bioflavonoid Complex, All 8 water soluble B Vitamins, Vitamins A, C, E, Folic Acid, Zinc, Biotin, Iron, L-Arginine, Lecithin, Choline and more. For a complete listing of ingredients, please visit our website.

(2000) 90 TABLETS $26.95

**Phyto Opti-Zymes™** (A COMPLETE, PLANT BASED, MULTI-ENZYME COMPLEX)

- May help relieve symptoms of gas and bloating.
- Breaks down food for better digestion.
- Assists absorption of nutrients
- Protein & carbohydrate digesting enzymes.

Protein & carbohydrate digesting enzymes for maximum benefit. Diets rich in cooked and processed foods are often deficient in natural enzymes. This multi-enzyme complex composed of plant based enzymes can assist in the digestion of protein, fat, sugar and starches.

Key ingredients include: Amylase, Amylase II, Protease I, Protease II, Protease III, Peptidymes SP (peptidase). Lipase (acid stable), Cellulase, Lactase, Maltase, Invertase, Bromelain, HemiSeb® (hemicellulase), Jerusalem Artichoke Tuber and FOS (fructose-oligosaccharides).

(2069) 60 CAPSULES $35.95

**Green Magic™** (DAILY GREEN SUPERFOOD)

- Less than 15 calories per serving.
- Excellent source of fiber and protein.
- Optimal balance of protein, carbohydrates and good fat.
- Promotes detoxification.

A great tasting, total body rejuvenation blend of nutrient rich superfoods. Green Magic™ provides a full complex of natural enzymes, minerals, amino acids, vitamins, antioxidants and phytonutrients. It is the ULTIMATE GREEN SUPERFOOD in a concentrated, alkalizing and energizing form.

Key Ingredients include: Micro-Aquatic Plant Blend (Spirulina, Chlorella, Kelp, Dulse, DNA Negative De-Oiled Lecithin), Terrestrial Plant Blend (Spirulina, Barley, Wheatgrass, KAMUT™, Khorasan Grains, Rice, Membrane Powder, Wheat Sprouts, Fiber Blend (Apple Fiber, Apple Pectin) Microbiome Prebiotic, Prebiotic Blend (Jerusalem Artichoke Powder, Lactobacillus acidophilus, Bifidobacterium bifidum, Bifidobacterium Longum, Lactobacillus bulgaricus) Royal Jelly, Coenzyme Q10. For more details on this amazing product, see page 12.

(2005I) 5 OZ. POWDER $29.95

(IN WELLNESS PACK ONLY. NOT FOR INDIVIDUAL SALE.)

**New Life 1000™** (OMEGA-3 FATTY ACIDS, ESSENTIAL EPA & DHA)

- Omega’s can assist the body by lowering LDL (bad cholesterol) and increasing HDL (good cholesterol) levels.
- Helps improve brain function.
- Naturally reduces inflammation and arthritic conditions.

Derived from deep, cold water fish oil, New Life 1000™ provides beneficial fatty acids referred to as Linoleic (Omega 6), Alpha-Linolenic (Omega 3) and Gamma Linolenic (GLA).

Three softgels contain 540 mg. EPA (Eicosapentaenoic acid) and 360 mg. DHA (Docosahexaenoic acid).

(1000) 90 SOFTGELS $26.95

**TOTAL RETAIL VALUE OF THE WELLNESS PACK**

**Special Retail Price**

<table>
<thead>
<tr>
<th>Product</th>
<th>Quantity</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Vita Balance 2000+</td>
<td>90 TABLETS</td>
<td>$26.95</td>
</tr>
<tr>
<td>Phyto Opti-Zymes™</td>
<td>60 CAPSULES</td>
<td>$35.95</td>
</tr>
<tr>
<td>New Life 1000™</td>
<td>90 SOFTGELS</td>
<td>$26.95</td>
</tr>
<tr>
<td>Green Magic™</td>
<td>5 OZ. POWDER</td>
<td>$29.95</td>
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</table>

For more details on this amazing product, see page 12.
DR. MILAM’S SIGNATURE SHAKE

8 oz. purified water
1 heaping spoon Green Magic™
1 scoop Meal in a Glass™
1 Tbsp. Lecithin
½ apple
½ banana
¾ tsp. cinnamon
Ice as needed

Mega Pro Plus
(A POWERFUL ANTIOXIDANT COMPLEX)

- Provides nutrition support to combat free radicals.
- Helps prevent inflammation and cell damage.
- Helps restore normal liver levels of glutathione.

A powerful antioxidant complex that helps combat the consistent barrage of free radicals that are working to accelerate the aging process.

Key ingredients include: Muscadine, Green Tea extract, N-Acetylcysteine, Alpha Lipic Acid, Grape seed extract, Broccoli, Cranberry extract, Citrus Bioflavonoids, Wheatgrass, Curcumin extract, Lutein, and Lycopene.

(2058) 60 CAPSULES $29.95

Meal in a Glass™
(METABOLICALLY BALANCED PROTEINS PLUS FIBER COMPLEX, VITAMINS AND MINERALS)

- 12 grams of protein per serving.
- Soy/whey protein.
- 75 calories per serving.
- Great for weight management.
- Available in Vanilla, Chocolate and Strawberry flavors.

A full spectrum of valuable essential and nonessential amino acids that allow the body to build additional proteins.

Key ingredients include: Isolated soy protein, Whey protein, Calcium caseinate De-oiled Lecithin, Natural Vanilla Flavor, Soybean oil, Soy fiber, Organic oat fiber, Xanthan gum, Vitamin C, E, A, D, K, B6, B12, Iron, Magnesium amino acid chelate, Rice bran, Apple pectin, Flaxseed, Zinc, Calcium and more. For a complete listing of ingredients, please visit our website.

(4012) 1.05 LBS. POWDER $32.95 (30 SERVINGS)

For VEGAN PROTEIN, RSVP™ AVAILABLE UPON REQUEST.

NutriCleanse™
(ALL NATURAL COLON CLEANSING FIBER)

- 2.5 grams of cleansing fiber per serving.
- Promotes healthy elimination.
- Helps maintain regularity.

NutriCleanse™ allows you to easily increase dietary fiber plus add key nutrients to assist the body’s natural process of elimination without harsh, habit forming laxatives.

Key ingredients include: Psyllium husk (Plantago psyllium) seeds, Guar Gum (Cyamopsis tetragonolobus) endosperm, Chlorella (Chlorella vulgaris) powder, Capsicum (Capsicum annuum) fruit, Black Walnut Hull Powder (Juglans nigra) bark, Senna Pod (Cassia acutifolia) leaf, Garlic (Allium sativum) fruit, Rosehips (Rosa canina) fruit, Dunaliella (Dunaliella salina) powder, Wormwood (Arimisia absinthium), Aloe vera (Aloe barbadensis) leaf, Cascarilla Sagrada Powder (Rhamnus purshiana) bark, Lactobacillus Acidophilus (Lactose Free).

(5000) 90 CAPSULES $19.95

(IN WELLNESS PACK ONLY. NOT FOR INDIVIDUAL SALE.)
## Essential Oils

### INDIVIDUAL OILS

| .50 FL. OZ. EACH: $20.00 |

<table>
<thead>
<tr>
<th>Cinnamon Leaf (Cinnamomum Zeylanicum)</th>
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<tr>
<td>716 This organic versatile food grade oil has traditionally been used to ease constipation, exhaustion and stress conditions.</td>
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<tr>
<th>Eucalyptus (Eucalyptus Officinalis)</th>
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<tbody>
<tr>
<td>704 Soothes tired muscles when applied topically with a carrier oil dilution and invigorates the airways and room when diffused.</td>
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<tr>
<th>Grapefruit (Citrus Paradisi)</th>
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<tbody>
<tr>
<td>701 Revered by aromatherapists for its spiritual uplifting properties and ability to ease nervous exhaustion.</td>
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<tr>
<th>Lavender Bulgarian (Lavandula Angustifolium L.)</th>
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<tbody>
<tr>
<td>702 Promotes restful sleep and ultimate relaxation.</td>
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<tr>
<th>Lemon Oil (Citrus Limon)</th>
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<tbody>
<tr>
<td>703 This sugary, spicy citrus oil is great for a quick moment of clarity.</td>
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<tr>
<th>Lemongrass (Cymbopogon Flexuosus)</th>
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<tbody>
<tr>
<td>700 Can be used with a carrier oil for the soothing of tired muscles, nerves and minor discomforts.</td>
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<tr>
<th>Rosemary (Rosemarinus Officinalis)</th>
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<tbody>
<tr>
<td>712 A fresh, sweet, herbal aroma that promotes energy and restores mental alertness.</td>
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<tr>
<th>Sweet Orange (Citrus Sinensis)</th>
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<tbody>
<tr>
<td>706 Invigorating and refreshing, providing a fresh clean fragrance to any space.</td>
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<tr>
<th>Peppermint (Mentha Piperita)</th>
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<tbody>
<tr>
<td>715 This organic naturally cooling oil can be used to ease tension and muscular aches while promoting alertness and stamina.</td>
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<tr>
<th>Clove (Syzygium Aromaticum)</th>
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<tbody>
<tr>
<td>717 A versatile sweet-spicy oil with a fruity fresh top note to help with everything from bad breath to nausea.</td>
</tr>
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### BLENDS

| .50 FL. OZ. EACH: $25.00 |

<table>
<thead>
<tr>
<th>Uplift</th>
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<tbody>
<tr>
<td>(1430) Created to relax your body and soul and allow you to let go of anxiety and sadness. The sweet flowering smell of Ylang Ylang invokes feelings of renewed joy and hope while the spicy undertones of Bergamot work to improve your mood and get you back into the swing of things!</td>
</tr>
</tbody>
</table>

| RELAX Blend includes: Citrus Bergamia (Bergamot) Essential Oil, Citrus Aurantium Dulcis (Sweet Orange) Peel Oil and Citrus Medica Limonum (Lemon) Peel Essential Oil, Cananga Obovata var. Genuina (Ylang Ylang II). |

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<tr>
<th>Relax</th>
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<tbody>
<tr>
<td>(1340) The beautifully flora Lavender mixed with the delicate aroma of Mandarin and the fantastic warmth of Rosewood helps you slide into relaxation anytime you feel the need to take it easy!</td>
</tr>
</tbody>
</table>

| RELAX Blend includes: Lavandula Angustifolia (Lavender) Essential Oil, Citrus Medica Limonum (Lemon) Peel Essential Oil, Citrus Reticulata (Mandarin) Essential Oil, Aniba Roseodora (Rosewood) Essential Oil and Citrus Aurantium Dulcis (Sweet Orange) Peel. |

<table>
<thead>
<tr>
<th>Well Being</th>
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<tbody>
<tr>
<td>(1450) This Sweet Basil blend works to restore mental alertness while scents of Cypress &amp; Eucalyptus bring you in harmony. Ginger &amp; Peppermint help clear impurities and restore balance.</td>
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</tbody>
</table>

| WELL BEING Blend includes: Ocimum Basilicum (Sweet Basil) Essential Oil, Cupressus Sempervirens (Cypress) Essential Oil, Eucalyptus Globulus (Eucalyptus) Leaf Essential Oil, Zingiber Officinale (Ginger) Root Essential Oil, Lavandula Angustifolia (Lavender) Essential Oil, Citrus Medica Limonum (Lemon) Peel Essential Oil, Citrus Aurantium Dulcis (Sweet Orange) Peel Oil, Mentha Piperita (Peppermint) Essential Oil and Ravensara Aromatica (Ravensara). |

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<tr>
<th>Energy</th>
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<tr>
<td>(1170) This blend was created to invigorate the spirit when you need a quick burst of energy!</td>
</tr>
</tbody>
</table>

| ENERGY Blend includes: Citrus Paradisi (Pink Grapefruit) Essential Oil, Citrus Medica Limonum (Lemon) Peel Essential Oil, Citrus Aurantium Dulcis (Sweet Orange) Peel Oil, Citrus Reticulata (Mandarin) Essential Oil and Citrus Aurantium Dulcis (Sweet Orange) Peel. |

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<tr>
<th>Fresh</th>
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<tr>
<td>(1460) This vibrant combination of mint oils, cinnamon and clove, balanced with the spicy fresh scent of Tea Tree will delight the senses.</td>
</tr>
</tbody>
</table>

| FRESH Blend includes: Mentha Spicata (Spearmint Oil), Mentha Piperita (Peppermint Oil), Melaleuca Alternifolia (Tea Tree Oil), Cinnamomum Zeylanicum (Cinnamon Oil), Syzygium Aromaticum (Clove Bud Oil). |
A wellness plan that includes antioxidants is crucial for maintaining good health and longevity. Antioxidants prevent damage to the cells in our body by helping remove free radicals that are formed during digestion, stress, environmental pollutants and by the foods we choose to eat. New Spirit Naturals’ Anti-Aging products are all designed to provide the necessary nutrients to keep your body functioning at an optimal level to assist in the fight against premature and unnecessary aging.

**ORAC+™ 10,000+ (THE ULTIMATE ANTI-AGING PRODUCT)**
- 15 highly concentrated fruits, seeds, skins, and plant extracts from natural sources.
- Two capsules provide 10,000 ORAC units (approx. 200% of the USDA recommended level).
- Reduce oxidative stress (the precursor of many chronic diseases).

An amazing blend of 15 natural ingredients rich in polyphenols and other naturally occurring antioxidant compounds that have been laboratory tested to contain over 10,000 free radical neutralizing ORAC units in an easy to use 2 capsule serving.

Key ingredients include: Proprietary ORAC Blend: Vitamin C (as ascorbic acid), Grape extract (Vitis vinifera), Seed and Grape Blend: Vitamin C (as ascorbic acid), Pulp, Proprietary ORAC Fruit Blend: Grape extract (Vitis vinifera), Seed, skin, and pulp, Cranberry (Vaccinium macrocarpon) Whole berry, Pomegranate (Punica granatum) Skin, Blueberry (Vaccinium uliginosum) Whole berry, Apple (Malus pumiliflora) Skin, Mangosteen (Garcinia mangostana) Skin, Bilberry (Vaccinium myrtillus) Whole berry, Goji berry (Lycium barbarum) Whole berry, Raspberry powder (Rubus idaeus) Fruit, Green Tea (Camellia sinensis) Leaf, Resveratrol extract (Polygonum cuspidatum), Root.

(6000C) 90 CAPSULES $39.95

**Acai Pure™**
- Contains Vitamin C and E — powerful antioxidants with anti-inflammatory properties.
- Increases energy levels and stamina.
- Boosts the immune system.
- Improves mood, stress response and sleep patterns.

Acai, a powerful superfood from the Amazon rainforest, is widely considered one of the most nutritious fruits on the planet. Abundant in natural antioxidants, vitamins, essential fatty acids (Omega 3, 6 & 9), fiber and amino acids, New Spirit Naturals’ Organic Acai Pure™ is a convenient and delicious addition to your daily smoothie or wellness regimen.

Key ingredient: Organic Acai powder
(6010) 90 G. POWDER $35.95

**AlphaCell PM™**
- Promotes peak mental performance.
- Supports elevated energy levels.
- Prevents cognitive decline with Alpha-CPG.
- Reduces stress levels.

For those interested in anti-aging and longevity, AlphaCell PM™ may help slow the aging process by helping to flush toxins from the body and improving cognitive function. This synergetic combination of plant based ingredients and amino acids also provide a foundation of support to the body to naturally promote HGH (human growth hormone) release for increased lean muscle mass and overall peak mental performance.

Key ingredients include: Alpha G.P.C. (Glycerol Phosphorylcholine from Lecithin), Phosphatidylserine (PS) (from Lecithin), Taurine (Amino Acid), L-Glutathione (Amino Acid), L-Arginine (Amino Acid), L-Proline, L-lysine KCL, L-Carnitine, L-Proline, L-lysine KCL.

(6002) 60 CAPSULES $39.95

**Gluta-Plus™**
- Immune booster.
- Detoxifier of chemicals & toxins in the body.
- Anti-aging & longevity properties.

Glutathione is known as the “Universal” antioxidant because of its ability to neutralize free radicals in both the lipid and watery regions of cells. It is also able to recycle and extend the metabolic lifespan of vitamin C, Glutathione and CoQ10, and indirectly renew vitamin E.

Key ingredients include: Alpha Lipoic Acid, L-Arginine, L-Proline, L-lysine KCL, L-Lysine HCL.
(6003) 60 SOFTGELS $26.95

**Mega Pro Plus**
- Provides nutrition support to combat free radicals.
- Helps prevent inflammation and cell damage.
- Helps restore normal liver levels of glutathione.

A powerful antioxidant complex that helps combat the consistent barrage of free radicals that are working to accelerate the aging process.

Key ingredients include: Muscadine, Green Tea extract, N-Acetyl-L-cysteine, Alpha Lipoic Acid, Grape seed extract, Broccoli extract, Cranberry extract, Citrus Bioflavonoids, Wheatgrass, Curcumin extract, Lutein, and Lycopene.

(2058) 60 CAPSULES $29.95
(2058P) 200 CAPSULES $92.95

**SignaCell AM™**
- Helps the body turn fat into energy.
- May help improve memory and learning.
- Acts as a neuro-protective agent and supports cognitive enhancement.

Designed for those concerned about declining metabolic function. This product contains an amino acid powerhouse to support natural mitochondrial function and reduce free radical damage.

Key ingredients include: Acetyl-L-Carnitine, Alpha Lipoic Acid, L-Arginine, L-Proline, L-Lysine KCL.
(6001) 60 CAPSULES $39.95

**Super Carnosine™**
- Protects cellular DNA from oxidative damage.
- Supports the healthy function of telomeres.
- Increases muscle strength and endurance.

Carnosine is important for many normal body functions including proper development of the heart, liver, kidney and brain.

Key ingredient: L-Carnosine
(6006) 60 CAPSULES $46.95
Golden Ginkgo
- Studies show Gingko to be effective for increasing the number of receptor sites for neural transmissions to improve brain function.
- Beneficial for the heart, liver, kidneys, lungs and spleen.
- Clinically shown to provide benefit for headaches, hearing loss, depression, allergies and eczema.

Ginkgo Biloba has gained the reputation as a brain and memory tonic and a powerful antioxidant. The special bioflavonoids in Ginkgo Biloba have a stronger biological activity than most other bioflavonoids and seem to have a specific affinity for the capillary beds of the brain.

Key ingredients include: Ginkgo Biloba Extract (Leaf) Containing: Ginkgo Flavoglycoside 24%, Aloe Vera (Barbadensis Miller 200:1).

(2054) 60 CAPSULES $29.95
(2054P) 200 CAPSULES $90.95

Defence™
- Provides nutritional support to defend against invaders of the immune system.
- Useful detoxifying agent for the body.
- Exhibits cortisone-like activity that can account for its reputation for anti-inflammatory activity.

An immune factor nutritional support formula that incorporates some of the best known herbs in Chinese and Western Medicine.

Key ingredients include: Proprietary Blend: Reishi Extract 4:1 (ganoderma Lucidum) (Fruit body, Reishi Mycelia Extract (ganoderma Lucidum) Fruit Body, Echinacea PE. 4% Extract (E. angustifolia & E. purpurea) Root, Astragalus (A. membranaceus) Root, Cat’s Claw Powder (unaria tomentosa) Bark, Golden Thread Extract (Coptis chinensis), Aloe Vera Concentrate (A. Barbadensis 200x).

(2055) 90 CAPSULES $29.95
(2055P) 200 CAPSULES $51.00

Bee Pollen
- Contains a myriad of nutrients, including enzymes, trace minerals, prostaglandins, phytosterols and essential fatty acids.
- Anti-aging properties.
- Strengthens the immune system against infections and disease while increasing endurance and energy levels.

A superfood formula for energy, vitality and endurance. A combination of Bee Pollen, Royal Jelly and Propolis make this a great source of minerals, B vitamins, and amino acids important to everyday nutritional needs.

Key ingredients include: Bee Pollen, Royal Jelly Powder, Ginseng Powder (Eleuthrococcus senticosus & panax schinseng) root, Propolis with Carob (ceratonia siligua) fruit.

(2053) 60 CAPSULES $29.95
be fueled by the foods we eat. It is also not uncommon for some people to eat “on the go” has led to diets filled with pre-packaged foods that are high in sugars. Even the “healthy” fruits and vegetables can be high in sugars, even after processing. Some studies have supported maca’s ability to be effective in reducing low density lipoproteins, total serum cholesterol, and triglycerides levels. New Spirit Naturals can help fill in the gap in nutrition to achieve optimal health.

20•20 VisClear™
- Improves the structure and function of the eye.
- Contains 9-CIS Beta Carotene, a highly fat soluble, non-crystallized carotenoid.
- Lutein levels equivalent to or higher than that found in fresh vegetables and fruits.

Formulated to work with the body enhancing its ability to maintain eye health and avoid degenerative disorders including cataracts and macular degeneration, 20•20 VisClear™ is a powerhouse combination of synergistic ingredients and antioxidants.

Key ingredients include: Vitamin A (as Palmitate), Vitamin A (as Beta Carotene), Dunaliella Salina, Zinc (as L-Methionine), Selenium, Copper Sulphate, N-Acetyl Cysteine, L-Glycine, L-Glutathione, Proprietary Blend: Citrus Bioflavonoids, Eyebright (Euphrasia officinalis) leaf, Bilberry Ext. (Vaccinium myrtillus) fruit, Alpha Lipoic Acid, Zinc (as L-Methionine), Copper (as L-Cysteine), Lutein Ext. (Calendula officinalis) flower, Lycopene (Lycopersicon esculentum) fruit, Turmeric Ext. (Curcuma longa) root, Bioflavonoids, Rosehips (Rosa canina) fruit, Wild Lettuce (Lactuca quercina) leaf, Black Walnut (Juglans nigra), hulls and leaves, Burdock (Arctium lappa) root, Sarsaparilla Ext. (Smilax aspera) root, Turmeric Ext. (Curcuma longa) root, Eyebright (Euphrasia officinalis) leaf, Black Walnut (Juglans nigra) fruit, Wild Lettuce (Lactuca quercina) leaf, Black Walnut (Juglans nigra) fruit, Wild Lettuce (Lactuca quercina) leaf, Black Walnut (Juglans nigra) fruit, Wild Lettuce (Lactuca quercina) leaf, Black Walnut (Juglans nigra) fruit, Wild Lettuce (Lactuca quercina) leaf.

(2020) 60 CAPSULES $39.95
(2020P) 200 CAPSULES $110.00

Magnum C
- Immune boosting support.
- Non Acidic and pH neutral.
- Immune supporting ingredients such as Bioflavonoids, Botanicals, Rosehips and Tumeric make this a powerful supplement for the entire family.

Provides a bioavailable form of patented vitamin C known as NutraC® that is shown to be effectively absorbed and retained by the body without the stomach discomfort some experience with other forms.

Key ingredients include: Vitamin C (from NutraC), Immune Support Blend Citrus Bioflavonoids, Rosehips (Rosa canina) fruit, Wild Lettuce (Lactuca quercina) leaf, Black Walnut (Juglans nigra) fruit, Wild Lettuce (Lactuca quercina) leaf, Black Walnut (Juglans nigra) fruit.

(2006) 60 TABLETS (500MG.) $29.95
(2006P) 200 TABLETS (500MG.) $94.95
(2006CL) 500 TABLETS (500MG.) $237.95

Ionic Trace Minerals
- Immune booster.
- Protects the body from free radicals.
- Helps to transport oxygen to all tissues in the body.

Studies show approximately 90% of Americans suffer from the effects of mineral imbalance and deficiency. This concentrated solution contains over 70 bioavailable minerals and trace minerals responsibly sourced from the Great Salt Lakes in Utah. Just 20 drops per day are recommended to maintain optimum health.

Key ingredients include: Ionic Sea Minerals.

(2040) 4 FL. OZ. $29.95

Organic Maca Maca™
- Helps the body adapt to stress and boost energy by supporting the adrenals.
- Some studies have supported Maca’s ability to assist in hormone regulation.
- Enhances fertility and libido in men and women.

An ancient root like vegetable, Maca has a long reputation as being a powerful energy enhancer with additional support for strength, vitality and stamina. This Peruvian superfood also contains valuable amino acids and minerals.

Key ingredients include: Maca (Lepidium peruvianum Ch.) (Root).

(6008) 120 G. POWDER $34.95

Premium De-Oiled Lecithin
- Helps assist in cholesterol management.
- Eases the digestive process and protects the lining of the digestive system.
- 2 heaping tablespoons daily supplies your entire RDI for Choline, and essential nutrient for cognitive function and improved memory recall.

Lecithin is known for its ability to emulsify fat plus provide essential nutrients including EFA’s, B vitamins and phosphorous. New Spirit Natural’s Lecithin is produced through an acetone free ultrafiltration process and is Polymerase Chain Reaction–Negative (PCR). PCR-Negative is a test to identify the presence of GMO residuals which are not detected.

Key ingredients include: PCP–Negative Soy Lecithin.

(5001) 300 G. $29.95
(5001G) 3.5 LBS. $114.95

Glutamine Plus™
- Helps with the healing of the digestive tract.
- Improves protein metabolism.
- Aids in the immune response.

Glutamine, the most common amino acid in the body, provides support to the digestive tract for optimal health. It is also the primary fuel for the body’s immune system and a key to preventing the breakdown of muscle after strenuous exercise. Note: When experiencing symptoms of illness or chronic digestive distress, this or any supplement should always be taken as directed by your healthcare practitioner.

Key ingredients include: L-Glutamine, Dietary resistant fiber (Magic Fiber(tm) CLR).

(2067) 140 G. POWDER $39.95
**Nutritional Foundation**

**M-U Tene**
**BETA CAROTENE**
- Each softgel delivers the equivalent of 25,000 IU’s of Vitamin A.
- Research has proven that beta carotene can fight oxidative stress that can damage brain cells over time.
- Adequate levels of beta carotene in combination with other nutrients have proven promising for slowing down the progression of age related macular degeneration.

Beta Carotene, the precursor to Vitamin A, is a very powerful antioxidant that is beneficial for your entire body including your eyes, circulatory and cardiovascular systems. It may also help to boost the immune system by neutralizing free radicals and slowing the aging process.

**Life Essentials (EFA’s)**
**(BLACK CURRANT SEED OIL WITH GLA)**
- Helps control inflammation.
- Promotes proper skin hydration and elasticity.
- Assists in maintaining an efficient metabolism.

There are only a few sources of GLA. One is mother’s milk, which science credits with helping infants develop a strong immune system. Blackcurrant Seed Oil is another natural source that, in addition to Gamma Linolenic Acid (GLA), also contains 45–50% Linoleic Acid and 25–30% Linolenic Acid.

**New Life 1000™**
**(OMEGA-3 ESSENTIAL FATTY ACIDS EPA & DHA)**
- Omega’s can assist the body by lowering LDL (bad cholesterol) and increasing HDL (good cholesterol) levels.
- Helps improve brain function.
- Naturally reduces inflammation and arthritic conditions.

Derived from deep, cold water fish oil, New Life 1000™ provides beneficial fatty acids referred to as Linoleic (Omega 6), Alpha-Linolenic (Omega 3) and Gamma Linolenic (GLA).

- Three softgels contain 540 mg. EPA (Eicosapentaenoic acid) and 360 mg. DHA (Docosahexaenoic acid).
- One serving contains EPA (740-825 mg.), DHA (460-550 mg.).
- Vital for skin and brain function.
- Helps minimize inflammation.
- Delicious lemon flavor.

New Life Xtra™ is a pharmaceutical grade liquid Omega 3 imported from the pristine seas of Norway. New Life Xtra™ is a pharmaceutical grade liquid Omega 3 imported from the pristine seas of Norway is second to none in quality, purity and stability. Molecularly distilled to remove harmful PCB’s and other toxins with an added antioxidant blend of rosemary, Vitamin C and natural tocopherols, it can be used directly from the bottle or mixed with your favorite food. Supportive but not conclusive research shows the consumption of EPA & DHA omega 3 fatty acids may reduce the risk of coronary heart disease. EPA & DHA also play a critical role during pregnancy and infant development.

**New Life Pro™**
- One serving contains EPA (740-825 mg.), DHA (460-550 mg.).
- Vital for skin and brain function.
- Helps minimize inflammation.
- Helps to reduce the risk of anemia.

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**Ultimate Iron-Pro™**
- Excellent absorption without unpleasant side effects.
- Improves muscle function.
- Helps to reduce the risk of anemia.

Ultimate Iron-Pro™ is a proprietary form of ferric iron (Fe+++ bound with a chemically modified protein by a process called succinylation. Clinical study results of Iron protein succinylate show a 23% increase in percentage of red blood cells (hematocrit), 30% increase in oxygen carrying capacity of blood (hemoglobin) and 6% increase in total number of red blood cells.

**New Life 1000™**
- Omega’s can assist the body by lowering LDL (bad cholesterol) and increasing HDL (good cholesterol) levels.
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**Response Factor™**
**(COLOSTRUM)**
- Helps stimulate normal growth, regeneration and repair of muscle, collagen, bone, cartilage and nerve tissue.
- Lactoferrin has been shown to transport essential iron to red blood cells.
- Strengthens the immune system with antibacterial, antiviral, antifungal, anti-inflammatory, antioxidant and immunomodulating activities.

Response Factor™ concentrates key immune-boosting Transfer Factors from colostrum to boost your immune system. This powerful product offers a rich profile of immunoglobulins (IgG), vitamins, minerals, immune-enhancing molecules, transfer factors, lactoferrin and proline-rich polypeptides (PRP).

**WELLNESS TIP:**
Doing 30 minutes of cardio exercise daily contributes heavily to your overall health. With just 30 minutes of walking, running or biking you can boost your cardiovascular endurance, regulate your cholesterol, lower your blood pressure and improve your mood.
Vita Balance 2000+ (ADVANCED DAILY MULTI-VITAMIN)
- Can be taken on an empty stomach or with a meal.
- Contains all eight water soluble B vitamins.
- Optimized balance of minerals to provide superb absorption.
- Provides not only major minerals, but a full spectrum of 70+ trace minerals in their natural ionic state.
- Over 125 ingredients in Vita Balance 2000+ provide a comprehensive nutritional foundation for good health and wellness by featuring an optimized blend of all essential vitamins, chelated macro minerals, amino acids, trace minerals and a bio botanical complex of 20 plus natural herbs.

Key ingredients include: Citrus Bioflavonoid Complex, All 8 water soluble B Vitamins, Vitamins A, C, E, Folic Acid, Zinc, Biotin, Iron, L-Arginine, Lecithin, Choline and more.

For a complete listing of ingredients, please visit our website.

(2000) 90 TABLETS $26.95
(2000P) 270 TABLETS $74.95
(2000CL) 600 TABLETS $140.95

Vita-B12 Spray (THE ENERGY VITAMIN)
- Convenient, metered spray provides 60 mcg. of Vitamin B12 per spray.
- Stimulant free.
- Natural breath freshening peppermint flavor.

Keep your energy up with Vitamin B12. Deficiency of this essential vitamin can lead to fatigue, decreased sensory reception, mood changes and a slower metabolism.

Key ingredients include: Vitamin B12.

(2050S) 30 ML. $24.95
(2050P) 150 SERVINGS

Vita-D3 Spray
- Metered spray provides 1,000 IU’s of Vitamin D3 per spray.
- Stimulant free.
- Natural breath freshening peppermint flavor.

Studies have pointed to more than 70% of the US population is deficient in Vitamin D. A deficiency in Vitamin D can lead to forgetfulness, increased risk of heart disease and brittle bones. Take this essential vitamin on the go in a convenient spray!

Key ingredients include: Vitamin D3.

(2049S) 30 ML. $24.95
(150 SERVINGS)

Vita-D™
- 1,000 IU’s per softgel.
- Maintains calcium balance for normal function of the nervous system, bone growth and maintenance of bone density.
- Regulates cell proliferation and gene expression in a variety of epithelial cells.
- Boosts your immunity while inhibiting the development of autoimmune diseases including inflammatory bowel disease (IBD).

Known as the “sunshine vitamin” and formerly believed to be important primarily for bone health, Vitamin D is now seen as having a critical function in maintaining the immune system as well as many vital body processes and functions.

Key ingredients include: Vitamin D-3 (from fish liver oil).

(2000) 90 TABLETS $26.95
(2000P) 270 TABLETS $74.95

Vitamin E+
- 400 IU’s per softgel.
- Enriched with lecithin to enhance the metabolism of fats, including cholesterol.
- Helps with blood pressure maintenance and improved circulation.

This potent, natural Vitamin E provides the body its first line of defense against cascading free radicals known as lipid peroxidation while offering a powerful antioxidant protection to your eyes, brain, lungs and heart.

Key ingredients include: Vitamin E (d-Alpha Tocopheryl Acetate).

(2050) 90 SOFTGELS $26.95
(2050P) 270 SOFTGELS $72.95

Vitamin D3 (5,000 IU’s)
- 5,000 IU’s per softgel.
- Maintains calcium balance for normal function of the nervous system, bone growth and maintenance of bone density.
- Facilitates absorption of calcium from the small intestine, its re-absorption in the kidneys and its role in regulating blood serum levels of calcium.
- Valuable immune system supporter.

Vitamin D is a fat soluble vitamin that plays a role in many important functions. While it’s best known for working with calcium in your body to help build and maintain strong bones, it also is involved in regulating the immune system and cells.

Key ingredients include: Vitamin D (as D3 Cholecalciferol).

(2089) 90 SOFTGELS $26.95

Vitamin K2 (MK-7)
- Each capsule provides 100 mcg. of Vitamin K2.
- Assist in the absorption of calcium.
- Highly stable and highly bioavailable.

Long-term vitamin K deficiency can lead to significantly reduced density and quality of bone. Vitamin K plays a critical role in maintaining healthy bone density by facilitating the transport of calcium from the bloodstream into the bone.

Key ingredients include: Vitamin K2 (MK-7).

(2014) 60 CAPSULES $26.95
**Alpha Greens™**

- Rich source of vitamins, minerals and enzymes to help promote wellness and longevity.
- High in chlorophyll, natural potassium and rich in minerals.
- Acts as a natural blood purifier and cleanser.
- Great natural source of energy.

A synergistic blend of alkalizing grass juices that provide key nutrients to help neutralize destructive body acids.

Key Ingredients include: Organically grown alfalfa grass juice, alfalfa leaf powder, wheat grass juice, barley grass juice, Kamut® Khorasan Grass Juice.

(2002) 170 G. POWDER $36.95
green foods provide to our achievement of optimal health. Table each day with our superior green superfoods!

**MAGIC™ E SUPERFOOD**

- Nutrient dense (Only 3 grams per serving)
- Vitamins, minerals, antioxidants, enzymes and phytonutrients
- No added sugars, colors or preservatives

**Earth’s Harvest™**

- Bio-available protein (approximately 85%).
- Helps assist in the reduction of inflammation.
- Naturally removes toxins from the blood and boosts the immune system.

Unique 100% Micro Algae blend combines three algae groups: bluegreen spirulina and red dunalieilla for essential nutrition.

Key ingredients include: Spirulina, Chlorella, Dunaliella Salina (Beta Carotene).

(2003C) 180 CAPSULES $39.95
(2003) 175 G. POWDER $39.95

**Guardian Greens™**

- Contains phosphatidylserine (PS) which, in clinical studies, has proven useful for the metabolic support of memory, learning and behavior.
- Helps to relax blood vessels and arteries for a healthier cardiovascular system.
- High fiber content helps stimulate the digestive system and addresses digestive disorders.

A nutritionally dense blend of Superfoods to support our “Guardian System” to cleanse, balance, detoxify and regenerate our body.

Key ingredients include: Spirulina, Alfalfa Juice Powder (100% Dissolving), Red Beet Juice Powder, Chlorella, Rhubarb Juice Powder, Dunaliella, Black Currant Powder (GLA Source), Phosphatidylserine, Red Clover Tops, Parsley Greens, Dandelion Greens, Watercress Greens, Milk Thistle and Burdock Root Powder and Ginkgo Biloba.

(2004C) 150 CAPSULES $49.95
(2004) 150 G. POWDER $49.95

**TROPICAL VELVET SMOOTHIE RECIPE**

4 oz. purified water
4 oz. Aloe Papaya with Acai Concentrate
1 heaping spoon Green Magic™

¼ cup tropical blend frozen fruit
½ banana
Ice as needed

$49.95

(2005C) 10 OZ. POWDER
(90 SERVINGS)

**ECTED FOR SUPERIOR NUTRITIONAL CONTENT**

- Promotes mobility of the intestinal tract.
- Improves skin color and tone.
- Assists in weight control and management.
- GLUTEN FREE — Plant Juice only — No grains.

**JERUSALEM ARTICHOKE POWDER**

- Good vegetable source of potassium.
- A beneficial prebiotic — a natural source of inulin.
- Promotes healthy skin and microbiome balance.

**HIGH PECTIN APPLE FIBER FOR DIGESTION AND ELIMINATION**

- Provides internal fiber with a good taste.
- Helps trap cholesterol and excessive blood lipids.
- Helps improve elimination.

**ROYAL JELLY — RICHEST SOURCE OF VITAMIN B5**

- Good source of fiber and B-complex vitamins.
- Enzymes, antioxidants, vitamins and 20 amino acids.
- Promotes healthy skin.

**SEA VEGETABLES — KELP AND DULSE**

- Contains over 60 trace elements, 28% minerals, enzymes, alginates, polysaccharides.

**A MICROBIOME PROBIOTICS BLEND**

- Helps build the immune system.
- Helps with detoxification and normalizing toxic bacteria.
- Assists in balancing pH (acid/alkaline) levels.
- Helps the body make natural antibiotics.

**RICE KERNEL MEMBRANE POWDER (IN ORIGINAL GREEN MAGIC™)**

- Good source of fiber and B-complex vitamins.

**RICE KERNEL PROTEIN POWDER (IN ORGANIC GREEN MAGIC™)**

- Good source of fiber and protein.

**GREEN MAGIC™**

- Nutrient dense (Only 3 grams per serving)
- Vitamins, minerals, antioxidants, enzymes and phytonutrients
- No added sugars, colors or preservatives

**TROPICAL VELVET SMOOTHIE RECIPE**

4 oz. purified water
4 oz. Aloe Papaya with Acai Concentrate
1 heaping spoon Green Magic™

¼ cup tropical blend frozen fruit
½ banana
Ice as needed

$49.95

(2005C) 10 OZ. POWDER
(90 SERVINGS)
**HerbaEST Balance™**

- Increases mental awareness and energy levels.
- Clinically shown to reduce hot flashes, night sweats and vaginal dryness.
- Significantly improves the symptoms of menopause without affecting the female hormone levels in the body.

A blend of botanical extracts that have been clinically shown to be effective in the maintenance of a healthy menopause. HerbaEST Balance™ supports the natural transition before, during, and after menopause and has been clinically proven to be safe for women.

Key ingredients include: Balancing blend of standardized extracts of Phlomis umbrosa, Cynanchum wilfordii, and Angelica gigas radix. Proprietary blend: Cranberry Ext. (Vaccinium macrocarpon), Pomegranate Ext. (Punica granatum), Blueberry Ext. (Vaccinium corymbosum L.).

(2085) 60 CAPSULES $39.95

**ProCran™**

- Helps the body protect itself against the discomfort of bladder infections (cystitis) and lowers urinary tract infections (UTIs).
- Helps reduce the frequency of recurring bladder and urinary tract infections.
- Support overall intestinal function and immune health.

The first proven whole cranberry fruit extract (Cran-Max®) clinically studied to be beneficial for the treatment of UTIs. In addition, our product contains a cranberry extract (50:1) along with a probiotic and four probiotic strains designed to support normal intestinal flora for support of urinary and bladder health.

Key ingredients include: Cran-Max® Cranberry Concentrate, Supportive blend of Cranberry powder (Vaccinium macrocarpon) fruit, Inulin, Probiotic complex of Lactobacillus acidophilus, Bifidobacterium bifidum, Bifidobacterium longum and Lactobacillus rhamnosus.

(2012) 60 CAPSULES $35.95

**Natural Balance™ Wild Yam Crème**

- Helps maintain healthy estrogen and progesterone levels.
- Commonly used to help relieve the uncomfortable symptoms of menopause such as hot flashes, night sweats and mood changes.
- Often used to relieve menstrual cramps.

A decline in progesterone is the first hormonal change to cause symptoms in a woman approaching menopause. This luxurious lotion contains a standardized extract of Wild Yam known as a precursors to the body’s natural progesterone production.

Key ingredients include: De-ionized water, Aloe barbadensis, Stearic Acid, Isopropyl Palmitate, Glycerin, Wild Yam Liquid Extract, Betaine, Sodium PCA, Sorbitol, Serine, Glycine, Valumatic Acid, Alanine, Lysine, Arginine, Theanine, Proline, MSM, Hydrolyzed Glyceryl stearate, Cetyl Alcohol, Safflower Oil, Dong Quai Liquid Extract, Dimethicone, Trehalose, Evening Primrose Oil, Vitamin E Acetate, Hydrolyzed Elastin, Chamomilla Recutita (Matricaria) Flower Extract, Cucumis Sativus (Cucumber) Fruit Extract, Macrocystis Pyriforma Extract, Sambucus nigra Flower Extract, Achillea Millefolium Extract, Citrus Aurantia dulcis (Orange) Peel Extract, Rosa Centifolia Flower Extract, Methyl Paraben, Progly Polyethylene, Oil of Mink, Jojoba Oil, Sodium Hyaluronate, Carbopol, Fragrance.

(315) 100 ML. $34.95

**ProCran™**

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- Helps reduce the frequency of recurring bladder and urinary tract infections.
- Support overall intestinal function and immune health.

The first proven whole cranberry fruit extract (Cran-Max®) clinically studied to be beneficial for the treatment of UTIs. In addition, our product contains a cranberry extract (50:1) along with a probiotic and four probiotic strains designed to support normal intestinal flora for support of urinary and bladder health.

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(2012) 60 CAPSULES $35.95

**NutriFem™**

- Boosts the immune system.
- Nourishes the nervous system and prevents the body from retaining excess fluid.
- Minerals to focus on balancing the body’s water and electrolytes.

Nutritional support and balance for a woman’s complex hormonal systems. Recommended where there are conditions of excess (PMS, fluid imbalance, and nervousness) and estrogen deficiency (menopause and menstrual problems).

Key ingredients include: Sarsparilla (Smillax officinalis), Cichorium intybus (Dandelion) Root, Sambucus nigra Fruit Extract, Silybum Marianum (Milk Thistle) Fruit Extract, Echinacea purpurea, Juniper Berries (Juniperus Communis), Barberry (Berberis vulgaris), Buchu leaf (Agathosma betulina), Marjoram (Origanum majorana), Marshmallow (Althaea officinalis), Nettle (Urtica dioica), Raspberry Leaf (Rubus idaeus), Kelp (Ascophyllum nodosum), Pau d’Arco (Tabebuia impetiginosa), Dong Quai (Angelica sinensis), Peppermint (Mentha piperita), Blessed Thistle (Cnicus benedictus), Yucca (Yucca schidigera), Shallots (Allium cepa), Ashwagandha (Withania somnifera), Safflower Oil, Inulin, Probiotic complex of Lactobacillus acidophilus, Bifidobacterium bifidum, Bifidobacterium longum and Lactobacillus rhamnosus.

(2082) 60 TABLETS $29.95

**CoQ-10 & Cinnamon**

- CoQ-10 has been used for treating disorders that limit energy production.
- Improves exercise performance.
- Helps support enzymes in their various biochemical functions.

Coenzyme Q-10 is a substance that is found naturally in the body and helps convert food into energy. As we age, our body’s level of Co-Q-10 tends to decrease. Maintaining proper levels assists in oxygen utilization and energy production particularly in heart cell muscles. This Co-Q-10 is combined with cinnamon to boost mental concentration and alertness.

Key ingredients include: Coenzyme Q-10 125 mg., N-Acetyl-cysteine, Cinnamon 1000mg. (Cinnamomum cassia) bark.

(2099) 30 CAPSULES $39.95

**Syrtnol™ Plus**

- 40-60 times more potent in antioxidant activity than natural Vitamin E.
- Supports lowering of LDL cholesterol levels.
- Increases heart healthy HDL cholesterol levels.

The extraordinary ingredients in Syrtnol™ Plus provide powerful antioxidant and anti-inflammatory properties for our bodies. This patented, clinically studied ingredient has over 25 years of documented research which supports heart healthy benefits.

Key ingredients include: Syrtnol™.

(5004P) 200 SOFTGELS $104.00

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- Improves exercise performance.
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Key ingredients include: Coenzyme Q-10 125 mg., N-Acetyl-cysteine, Cinnamon 1000mg. (Cinnamomum cassia) bark.

(2099) 30 CAPSULES $39.95

**WELLNESS TIP:**

Eating a diet rich in omega-3 fatty acids can help ward off heart disease. Many fish, such as salmon, tuna, sardines, and herring, are rich sources of omega-3 fatty acids.
Heart Health

In our 30’s, 40’s, 60’s or 80’s, it is important that you provide a coupled with good lifestyle choices to maintain a healthy heart.

veins and capillaries responsible for carrying nutrients, the body, the cardiovascular system serves several major

nutrient through the body. The cardiovascular system serves several major

provide a healthy and active lifestyle at all ages.

Cardioplex™

• Balance cholesterol and blood pressure.
• Assists in fat metabolism to strengthen the body’s natural stress mechanisms.
• Powerful antioxidants to prevent oxidative damage.

Cardioplex™ is aimed at supporting optimal cardiovascular health.

Key ingredients include: Vitamin B6 (Pyridoxine HCL), Vitamin B12 (Methylcobalamin), Magnesium Amino Acid Chelate, Folic Acid, Proprietary Blend: Alpha Lipoic Acid, Hawthorn (Crataegus pinnatifida bunge) Fruit, Citrus Bioflavonoids, Apple Pectin (Malus domestica) Fruit, Lecithin (Soy).

(2070) 60 CAPSULES $38.95
(2070P) 200 CAPSULES $119.95

Bio-Avail CoQ-10

• Improves energy production and cardiovascular function.
• Supports healthy immune system with anti-oxidants.
• Anti-aging effects.

CoQ-10 is the cellular component that synthesizes ATP (Adenosine–Triphosphate), the basic energy molecule of the cell. As we age, our ability to synthesize CoQ-10 declines. New Spirit’s Naturals patented CoQ-10 was designed to be easily absorbed to provide maximum benefits for support of a heart healthy lifestyle. Note: CoQ-10 is recommended for those taking statin drugs. Contact your physician or health care provider for supplement guidelines.

Key ingredients include: Co Q-10, Vitamin A (natural carotenoids), Vitamin E (natural mixed tocopherols). (265) 60 SOFTGELS $29.95
(265P) 300 SOFTGELS $144.00


Mens Health

Better Man

• Boosts and supports the body’s own natural production of testosterone.
• Provides sustained energy.
• Enhances sport performance.
• Increases sexual desire and performance.

With a clinical studied ingredient LJ100® Better Man is designed to increase your body’s natural testosterone production without the need to turn to prescription testosterone replacements that may carry many risks and side effects. Low testosterone presents itself with a myriad of symptoms which include increased body fat, decreased energy, fatigue, poor sleep, reduced muscle mass, mood problems, poor memory, brain fog, low libido and reduced sexual activity, desire and performance.

Key ingredients include: LJ100® Eurycoma Longifolia Extract, Male Power Blend of Horny Goat Weed Extract (Epimedium Sagittatum) stem and parts, Bulgarian Tribulus terrestris, (aerial parts), Catuaba, Erythroxylun catuaba (bark), Organic Maca, Lepidium meyenii perviannum (root), Shilajit Extract, Asphaltum, L-Arginine HCI (Amino Acid).

(2080) 60 TABLETS $29.95
(2080P) 200 TABLETS $92.95

Prosta-Men-D™

(Prostate Support)

• Antioxidants to help neutralize free radicals.
• Includes pumpkin seed oil which is a clinically recognized treatment for irritated bladder conditions and urinary problems associated with BPH.
• Helps to keep prostate from becoming enlarged and inflamed.
• Decreases frequency of late night urges to urinate.

Prostate cancer is currently the 3rd leading cause of mortality in men, making it all the more important for men to take care of their prostates. This formula is designed to provide nutritional support for common problems such as beginning prostate hyperplasia (BPH) and other issues associated with age.

Key ingredients include: Zinc (as aspartate), Folic Acid (as folic), SerenPare™ standardized Saw Palmetto (Serena repens) berry ext., Pumpkin (Cucurbita maxima) seed oil, Lycopene (Lycopersicum esculentum).

(2083) 60 SOFTGELS $36.95
(2083P) 200 SOFTGELS $114.95
Pre-Amino
(PRE-WORKOUT DRINK MIX)
• Complete profile of Amino Acids including BCAA.
• Clean sustained energy for maximum endurance.
• Nitric Oxide (NO) powerhouse.
• Results you can feel.
• Delicious grape flavor.

Pre-Amino will be your best friend. Packed with science based amino acids and muscle building ingredients, Pre-Amino will assist you in maximizing your energy, strength and endurance to achieve the results you desire.


(2089) 300 G. POWDER $39.95

Restore™
(ENERGY RECOVERY DRINK)
• Helps speed recovery time
• Prevents DOMS—Delayed Onset Muscle Soreness.
• Helps improve cardiovascular health and wellness.
• Maintains healthy cellular energy pools.

Clinically-studied and patented Bioenergy Ribose™ and L-Carnitine Fumarate combine in this energy building and recovery formula. These ingredients help increase the body’s natural energy production by helping cells rebuild the volume of energy substrates which may help improve cardiovascular health and enhance recovery time after exercise. Easy to use tasteless powder can be added to any beverage.

Key Ingredients: BioEnergy Ribose™, L-Carnitine Fumarate.
(6007) 160 G. POWDER $39.95
(6007P) 400 G. POWDER $95.95

CoCoAmino™
(ENDURANCE/PERFORMANCE DRINK)
• A functional sport drink mix that is easy to use.
• Provides the energy required to achieve the benefits you desire while keeping you hydrated throughout increased physical exertion.
• 3 grams of Muscle Enhancing Creatine per serving.

Use CoCoAmino™ to replenish needed amino acids, trace minerals and natural electrolytes before, during or after a workout. Each serving provides the equivalent of 50 ml. of pure Organic Coconut Water and a complete blend of 21 essential and non-essential free form Amino Acids plus Creatine to improve endurance and performance.

Key Ingredients: Creatine Monohydrate, Organic Coconut Water, Complete blend of Free Form Amino Acids including BCAAs, Trace Mineral Complex.
(2093) 270 G. POWDER $39.95

Hydrate
Electrolyte Charge™
(ELECTROLYTES/HYDRATION LIQUID)
• Boosts workout performance and enhances endurance.
• Easily replenishes lost electrolytes after exercise.
• Helpful in preventing muscle cramps.

Replenish, hydrate and balance your system effectively. Electrolyte Charge™ contains the minerals the body needs to function. It provides the electrolyte benefit of sports drinks without the calories, carbohydrates and sugar. Easy to add to water or any beverage.

Key Ingredients: Sea Water, Purified Water, Low-Sodium Sea Mineral Concentrate, Citric Acid (Plant source), Potassium Chloride, Zinc Sulfate.
(2039) 4 FL. OZ. $29.95
Protein is an important source of energy as it works in the cells of the body for the structure, function and regulation of our tissues and organs. Proteins provide support for your immune system, your brain, your bones, your heart and even your mood. It’s also known for helping us maintain and build muscles that keep us mobile and active. New Spirit Naturals offers three different types of proteins for every type of lifestyle and nutrition need.

**Energize**

**Meal in a Glass™**

**YOUR WEIGHT MANAGEMENT COMPANION**

- 12 grams of protein per serving.
- Soy/whey protein.
- 75 calories per serving.
- Great for weight management.

A full spectrum of valuable vitamins, minerals, amino acids and multi protein sources to allow the body to build additional proteins.

Key ingredients include: Isolated soy protein, whey protein, Calcium caseinate de-oiled Lecithin, Natural Vanilla Flavor, Soybean oil, Soy fiber, Organic pat fiber, Xanthan gum, Vitamin C, E, A, B1, B2, B3, B6, B12, iron, Magnesium amino acid chelate. Rice bran, Apple pectin, Flaxseed, Zinc, Calcium and more. For a complete listing of ingredients, please visit our website.

- **1.05 LBS. VANILLA POWDER** $32.95 (30 SERVINGS)
- **4.5 LBS. VANILLA POWDER** $109.95
- **1.05 LBS. CHOCOLATE POWDER** $32.95 (30 SERVINGS)
- **4.5 LBS. CHOCOLATE POWDER** $109.95
- **1.05 LBS. STRAWBERRY POWDER** $32.95 (30 SERVINGS)
- **4.5 LBS. STRAWBERRY POWDER** $109.95

**Nourish**

**RSVP™**

**YOUR VEGAN PROTEIN SOURCE**

- 15 grams of protein per serving.
- 90 calories per serving.

A vegan protein formula consisting of a blend of concentrated fractions of brown rice, pea protein and de-oiled coconut protein. It is the perfect choice for vegans, vegetarians or anyone who is looking for a vegetable based protein source. Along with protein, RSVP™ includes the New Spirit Naturals’ green food blend which aids in digestion, boosts the immune system and benefits the liver, kidneys and adrenal glands.

Key ingredients include: Whole Grain Organic Brown Rice Protein (Non-GMO, Kosher, Hypoallergenic), Pea (Pisum sativum) protein (Non-GMO, Kosher, Halal), De-Oiled Lecithin, Organic Coconut (Cocos nucifera) flour, NSN Green Food Blend containing: Organic Parsley leaf (Petroselinum sativum), Organic Watercress (Nasturtium officinale), Organic Alfalfa (Medicago sativa) juice, Organic Broccoli (Brassica oleracea) extract, Natural Vanilla Flavor, Fructooligosaccharides, Maltodextrin (digestion resistant fiber).

- **(4014) 1.3 LBS. VANILLA POWDER** $39.95 (25 SERVINGS)
- **(4014G) 4 LBS. VANILLA POWDER** $85.00

**Strengthen**

**Ultra Whey-Pro™**

**YOUR WORKOUT PARTNER**

- 24 grams of whey protein per serving.
- 100 calories per serving.
- Less than 1 carb per serving.

A compete complex of bioavailable amino acids, the building blocks required to sustain peak performance. Ultra Whey-Pro™ Protein offers the highest content of BCAAs (branched-chain amino acids) (53%), as compared to 20% in regular whey. This delicious protein can assist in tissue repair, growth and recovery. It’s a great way to get your protein on the go. It is easily mixed with water and is great throughout the day. Whether you are looking to build muscle or just have a great source of protein, this product is for you!

Key ingredients include: Ultrafiltered whey protein, de-oiled lecithin, fructooligosaccharide, natural vanilla flavor, L-glutamine, vitamin B6, ColostroMan™ (colostum powder), NSN’s Dark Fruit Blend containing cranberry fruit powder (Vaccinium macrocarpon), Blueberry fruit powder (Vaccinium angustifolium), raspberry fruit powder (Rubus idaeus), Cocoa Powder, Natural Chocolate (chocolate flavor only).

- **(4013) 1.4 LBS. VANILLA POWDER** (20 SERVINGS) $39.95
- **(4013G) 3.4 LBS. VANILLA POWDER** $88.00
- **(4013C) 1.4 LBS. CHOCOLATE POWDER** (20 SERVINGS) $39.95
- **(4013CG) 3.4 LBS. CHOCOLATE POWDER** $88.00
NEW SPIRIT SALAD RECIPE

1 bag baby spinach leaves lightly tossed with:
- Mediterranean Bliss™ Extra Virgin Olive Oil
- Mediterranean Bliss™ Balsamic Vinegar
- Omega Cranberry™
- Toasted almonds
- Pinch of black pepper

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**Aloe Papaya with Acai Concentrate**
- Each concentrated bottle makes 4.3 liters of 100% juice.
- ACTIValoe™ is the only guaranteed biologically active aloe product available.
- Aloe is a natural healer and detoxifier for the entire body.

This delicious, 100% Juice Concentrate contains ACTIValoe™, Papaya Nectar and Acai from the Amazon rain forest. Papaya has long been recognized for its digestive enzyme properties. Acai is a naturally harvested bright purple berry that has been shown to contain essential fatty acids and have 10 to 30 times the antioxidant power of resveratrol from red wine!

Key ingredients include: ACTIValoe™ Aloe Vera Extract (Aloe barbadensis) 200x in DI water, Papaya Nectar (Carica papaya) Concentrate, Acai (Euterpe oleracea) Pulp and Juice Powder, Sodium Bicarbonate & Potassium Sorbate (natural preservatives), Guar Gum (Cyamopsis tetragonoloba), Citric Acid.

(1050) 8 FL. OZ. (236ML.) $29.95

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**Aloe Cranberry Concentrate**
- Make a glass at a time or use the whole bottle for 1 gallon of juice.
- Rich in antioxidants to boost your immune system.
- Assists in relief of urinary tract infections and detoxification.

Combines the extraordinary benefits of ACTIValoe™ with a nutritious cranberry concentrate and a touch of apple to give a zesty invigorating taste.

Key ingredients include: ACTIValoe™ Aloe Vera Extract (Aloe barbadensis) 200x in DI water, Concentrated Cranberry Fruit (Vaccinium macrocarpon) Extract, Natural Cranberry.

(1050) 8 FL. OZ. (236ML.) $29.95

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**Mediterranean Bliss™ Balsamic Vinegar**
- Aged over 10 years in Modena, Italy.
- Healthy alternative to high fat dressings.
- Contains polyphenols to benefit the cardiovascular system.

Mediterranean Bliss™ Balsamic Vinegar, sourced directly from Modena, Italy, is truly one of the top grade Balsamic Vinegars available on the market.

Key ingredients include: 100% Balsamic Vinegar.

(7001) 8.5 FL. OZ. (250 ML.) $26.95

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**Mediterranean Bliss™ Extra Virgin Olive Oil**
- Eating 2 tablespoons of olive oil a day may reduce the risk of heart disease.
- Rich in polyphenols to reduce oxidative stress in the body.
- Olive oil can help reduce joint pain and swelling from rheumatoid arthritis.

Not all olive oils are the same. Dr. Milam's select blend of oils from organic olives, ripened by the Mediterranean sun, can truly be called Extra Virgin (containing less than 0.9 percent pre-fatty acids). Mediterranean Bliss™ yields a smooth, mildy nutty oil with no bitterness or acid after taste and a healthy polyphenol content.

Key ingredients include: 100% Extra Virgin Organic Olive Oil selected from one or more of the following Mediterranean countries: Tunisia, Turkey, Greece, Spain, or Italy. Not all olive oils are the same. Dr. Milam's select blend of oils from organic olives, ripened by the Mediterranean sun, can truly be called Extra Virgin (containing less than 0.9 percent pre-fatty acids). Mediterranean Bliss™ yields a smooth, mildly nutty oil with no bitterness or acid after taste and a healthy polyphenol content.

(7000) 17 FL. OZ. (500ML.) $19.95

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**Nutri-Grand™ PREMIUM MILLED FLAX SEED**
- Prepared using special flax seeds that have undergone special selection and processing techniques to insure a high content of Omega-3 Fatty Acids.
- Contains natural lignans revered for their health benefits.
- Rich in antioxidants to help neutralize free radical compounds often associated with aging.

Take advantage of the warm nutty flavor of golden milled flax seed while providing your diet with health benefits that have made this fiber an important component to an effective wellness program. New Spirit Naturals draws on a proprietary, patented technology to provide an unprecedented, two year shelf life under ambient storage conditions.

Key ingredients include: Milled Golden Flaxseed.

(1014) 1 LB. 5 OZ. $34.95

(45 SERVINGS)

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**Super Life™ Aloe Vera Concentrate**
- Excellent for digestive health issues.
- Natural anti-inflammatory properties.
- One 8 oz. container makes 1 gallon of delicious juice.

Aloe Vera Concentrate with ACTIValoe™ plus natural lemon provides the full benefits of Aloe Vera and in an easy to use drink concentrate.

Key ingredients include: ACTIValoe™ Aloe Vera Extract (Aloe barbadensis) 200x in DI water, Fructose, Lemon Flavor (Citrus Limonum), Citric Acid, Vegetable Glycerin, Guar Gum.

(105) 8 FL. OZ. (236 ML.) $29.95

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**NEW SPIRIT SALAD RECIPE**

There is no need to for your healthy food choices to suffer even though we are always “on the go”. New Spirit Naturals offers a great way for you to keep wellness a part of your everyday routine with functional foods and natural juices loaded with vitamins, minerals and amino acids.
Functional Foods

Let food be thy medicine and medicine be thy food.
— Hippocrates —

Green Magic™ (Superfood Bar)
- A full serving of Green Magic™ in every bar!
- Great healthy snack for all ages.
- Only 200 calories per bar with 8 grams of alkaline forming vegetable proteins.
- Whole food plant based ingredients.

Get your Green Magic™ on the go with this convenient, nutritious bar. Containing a one of a kind mixture of 21 natural superfoods, extracts, probiotics, complex carbohydrates, essential fats, whole fruits and vegetables and organic agave providing the perfect snack food to replace high glycemic/high fat fast food.


(NE-2005) 50 G. (1.75 OZ.) $30.00
(SOLD BY CASE ONLY. 12 PER CASE.)

Pomegranate Red Concentrate with Mangosteen
- Rich in ellagic acid to protect the body against oxidative stress.
- Anti-inflammatory and immunity properties.
- No artificial flavors, fillers or colors.

A heart-healthy combination of all natural exotic Superfruits, concentrated into a delicious juice blend containing 82% Pomegranate and 20% Mangosteen. Only two tablespoons of concentrate are needed to prepare 5 oz. of delicious 100% juice.

Key Ingredients include: Pure Pomegranate (Punica granatum I.) Juice Concentrate, Whole Fruit Mangosteen (Garcinia mangostana) Juice.

(106) 21 FL. OZ. (473 ML.) $39.95

Omega Cranberry™
- Contains natural Vitamin E and antioxidants.
- High in Vitamins A, C & K.
- Great healthy snack for the entire family.

Infused with cranberry seed oils rich in Omega-3 EFA, Omega Cranberry™ is a great source of antioxidants and makes a healthy snack. They can also be stirred into yogurt, couscous or rice, sprinkled on salads, cereals, bread mixes, muffins or sundaes.

Key Ingredients include: Sweet dried cranberries, cranberry seed oil.

(1012) 16 OZ. $32.95
(1012CL) 2.2 LBS. $54.00

Souper Slim™
(FIVE MINUTE MEAL)
- Quick, easy & delicious meal replacement.
- 6.5 grams of vegetable protein, 3 grams of soluble fiber per serving.
- Makes an excellent soup base with no added sugar.

A delicious tasting all natural, low sodium tomato based soup formulated to provide nutritional support (high protein, good carbs and soluble fiber) to those desiring to lose weight or as part of a weight maintenance program.

Key Ingredients include: Tomato Powder, Yeast Extract, Malodextrin (Dietary Resistant Fiber), Sugar, Olive Oil, Corn Starch, Garlic and Onion Powder, Paprika, Cilantro Acid, Silicon Dioxide, Parsley, Salt, Natural Flavor, Pea (Pisum sativum) Protein, Glucosamine (Amorphophallus konjac) (Root), Beet Juice (Beta vulgaris) Powder, Chromium Poly Nicotinate.

(2094) 220 G. POWDER $29.95

White Chia™ (Milled)
- Over 2,200 mg. of Omega’s per serving.
- Dietary Fiber (4g.) and Protein (2.5 g.) per serving.
- Aids in hydration/electrolyte balance.
- Great source of Omega’s 3 & 6.

Since 3500 B. C. Chia has served as a valuable food source for the ancient Aztecs, Mayans, and Incans. With focus on getting back to nutritionally dense Superfoods, New Spirit Naturals has carefully milled its White Chia to provide the immediate release of its full nutritional profile. Chia seeds have long been called the “Endurance Food” because they release energy steadily, provide a feeling of fullness and help maintain blood sugar levels — all of which are helpful in maintaining a healthy body weight. Add to your Green Magic™ Shake for a delicious taste!

Key Ingredients include: Milled White Chia (Salvia Hispanica L) Seeds.

(1015) 1 LB. POWDER $29.95
(41 SERVINGS)
The Science: The Polymeal™ Concept

Originated as a diet-based approach to combatting heart disease proposed by public health scientists at the University Medical Center in Rotterdam. The researchers used a statistical “meta-analysis” which combined the results of numerous studies to determine the ideal heart healthy diet. The polymeal is the successor to a proposal by Wald and Law to develop a “polypill” that would reduce CVD rates by more than 80% by combining 6 drugs that reduce different CV risk factors. In response to the “polypill” approach a group of researchers isolated six key foods that studies have consistently shown to reduce the risk of heart disease by approximately 76%. They called these six foods became known as the “polymeal”.

The Benefits Found by Researchers Consuming These Key Foods™

Reduction of your risk of Cardiovascular Disease by 76% and increased life expectancy—up to 6.6 years in men and 4.8 years in women!

New Spirit Naturals Takes the Polymeal™ Concept to New Heights:

In 2006, Dr. Milam formulated and developed a new product which contained over 170 nutritional ingredients including the six ingredients from the original concept plus whole foods, amino acids, botanical extracts, juice powders, enzymes, electrolytes, omega fatty acids (EFA), nutraceuticals, proanthocyanidins, flavonoids, carotenoids, phytoesters, polyphenols, natural fibers, antioxidants, vitamins, prebiotics and probiotics, mineral and trace minerals.

In 2007, New Spirit Naturals was granted the trademark of PolyMeal™ by the US Patent & Trademark office (#3,301,187).

Now everyone can enjoy the benefits of the active ingredients advocated in the Polymeal™ Diet plus a synergistic blend of over 170 ingredients. Each serving of Polymeal™ contains 240 calories (less than the amount found in one standard candy or food bar). Add it to water, your favorite smoothie recipe or yogurt and enjoy!

Polymeal™ Body Fuel Provides:

1. A fast healthy SuperFood with 170 ingredients
2. Green Foods and Fruits—Well over 5 servings
3. Low calorie protein complex
4. Multiple EFA sources (Flaxseed Meal, Acai Pure™, Wolfberry, Almond & Rosehip Seed Powder
5. Healthy ratio of carbs, good fat, and protein (approx. 33%-24%-33%)
6. Ten probiotic strains
7. Plant sourced nutrition
8. High fiber—12 g. per serving
9. Low net carbs (2 net carbs)
10. NO artificial flavors, colors, or preservatives

Potential Benefits and Theoretical Reduction in Risk of

Red Wine
Quantity: 5 oz. (150ml)
Benefit: Reduced CVD by 32%
Reason: Resveratrol

Dark Chocolate
Quantity: Approx 4-5 oz. (100g)
Benefit: Reduced Blood Pressure; Reduced CVD by 21%
Reason: Flavonoids

Garlic
Quantity: .11oz. (2.7g)
Benefit: Reduced CVD by 32%
Reason: Allicin

Omega-3
Quantity: Approx. 4-5 oz. 4 times a week
Benefit: Reduced CVD by 14%
Reason: Omega-3 Fatty A cids

Fruits & Veggies
Quantity: 14 oz. (450g)
Benefit: Reduced CVD by 32%
Reason: Increasing Consumption

Raw Almonds
Quantity: 2.5 oz (68g)
Benefit: Reduced CVD by 12%
Reason: Unsaturated Fats and Vitamin E

Taking care of our body’s structural foundation is the key to living an active and mobile lifestyle. New Spirit Naturals’ time tested nutritional products provide the necessary nutrients to maintain and strengthen bone, joint and muscle function so we can not only survive, but thrive, on a daily basis!

**Super Curcumin™ Complex**
- Helps suppress pro-inflammatory enzymes.
- Beneficial for balancing cholesterol.
- Protects the body against estrogen-mimicking chemicals neutralizing harmful free radicals, and promoting normal cell cycle growth.
- Contains Bioperine® for superior nutrient absorption.

Reduce inflammation naturally with time tested plant based ingredients that have been shown in clinical studies to reduce painful inflammation and help prevent the associated destruction of supportive tissue that can lead to joint disfigurement and limited mobility.

Key ingredients include: Standardized Curcumin Longa C3 Complex 95%, Boswellia Serrata Bioperine® (piper nigrum L.), Magnesium Amino Acid Chelate.

| (1503) 60 CAPSULES $36.95 | (1503P) 200 CAPSULES $114.95 |

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**ProCell Collagen™ & Hyaluronic Acid**
- Supports joint health and protects cartilage from degeneration.
- Improves the appearance of skin, hair and nails.
- Enhances wound healing.
- Assist in retaining moisture within the skin.

Collagen is literally the glue that weaves throughout the body providing strength and support. As we age, we feel the effects of its deficiency in our joints, skin, hair and nails. ProCell Collagen™ provides key nutrients to support collagen synthesis and reduce oxidative damage to joints, connective tissue and skin.

Key ingredients include: Collagen (hydrolyzed) Type I, II, III, IV, & V, Chondroitin Sulfate, Hyaluronic Acid, OptiMSM™ (Methylsulfonylmethane), Curcumin C3 Complex Turmeric Extract (Curcuma Longa) root, Bioperine® (piper nigrum l.) fruit.

| (1510) 90 CAPSULES $36.95 | (1510P) 200 CAPSULES $76.95 |

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**Functional Mobility**

**High Grade Calcium Complex**
- Naturally supports the structural and nervous systems.
- Helps to regulate cardiovascular physiology.
- Rapid release technology to enhance absorption.
- Contains Vitamin D for added bone support.

High Grade Calcium Complex contains one of the most absorbable forms of calcium, Hydroxyapatite, plus supportive nutrients needed to ensure bone health. Part of its secret is the microcrystalline structure that helps attract and hold in reserve Potassium, Magnesium, Boron, Zinc, Silica and Chromium — all ingredients included in this powerful formula.

Key ingredients include: Calcium (Microcrystalline Hydroxyapatite), Magnesium Amino Acid Chelate, Zinc (as Citrate), Vitamin D3, Boron, Caffeine, MSM Complex.

| (2065) 90 CAPSULES $22.95 | (2060) 180 CAPSULES $34.95 |
| (2060P) 360 CAPSULES $59.95 | (2060CL) 500 CAPSULES $79.95 |

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**AM/PM Osteo-Flex**
- Natural anti-inflammatory and anti-aging properties.
- Reduces joint pain and tenderness.
- Assists the body in rebuilding tissue and stronger bones following injuries.

Today, more than 50 MILLION Americans have arthritis which can be a daily challenge. AM/PM Osteo-Flex addresses this challenge by supporting your bone and cartilage health while improving joint mobility.

Key ingredients include: Glucosamine Sulphate, Chondroitin Sulphate, Vitamin B6, Vitamin B5, Vitamin D3, Calcium, Magnesium, Potassium, Anti-inflammatory Support Blend: Fennel Seed (Foeniculum Vulgare), Celery Seed (Apium Graveolens), Ginger Seed (Zingiber Officinale), Uva Ursi (Arctostaphylos Uva Ursi), White Willow Bark (Salix Alba), Alfalfa (Medicago Sativa), Bromelain (Pineapple), Corn Silk (Zea Mays), Hydroangia (Hydrangea Macrophylla), Yucca (Yucca Filamentosa), Curcumin (Curcuma Longa), Boswellin Extract (Boswellia Serreta).

| (1501) 90 CAPSULES $29.95 | (1500) 180 CAPSULES $46.95 |
| (1500CL) 500 CAPSULES $124.95 |

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**Calcium Magnesium Pro**
- Calcium provides the foundation for healthy teeth and bones.
- Calcium supports blood pressure regulation, hormone secretion and the transmission of neural impulses.
- Provides magnesium which is crucial to muscle contraction, blood coagulation, energy production, nutrient metabolism and bone and cell formation.
- Contains Vitamin D for better calcium absorption.

Calcium Magnesium Pro is a liquid formula designed to provide necessary minerals to support and active lifestyle. This delicious blueberry flavored formula is a quick and convenient way to get your nutrients on the go.

Key ingredients include: Vitamin D3, Calcium (Citrate & Glucosamine), Magnesium (Malate), Iontized Trace Minerals (70+ Minerals).

| (2057) 18 FL. OZ. $36.95 |

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**Joints on Point**
- Supports the re-growth of joint tissue and can help relieve joint pain.
- Collagen supports strength of bones.
- Improves flexibility of joints.

A great tasting, easy to use drink mix designed to keep you active with a blend of two important Hydrolyzed Collagens (Type I & II), Hyaluronic Acid, OptiMSM™ (Methylsulfonylmethane), Glucosamine Sulphate.

| (108) 150 G. POWDER $36.95 |

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**WELLNESS TIP:**
- Take a few minutes throughout your day to stretch. It can increase your strength, balance and flexibility.
Specialized Nutrition

With balance comes optimal health. Throughout all stages of life, it is vital that we support ourselves with food and nutrients that can help to naturally balance and support our body’s chemistry and help us to manage many health issues such as weight, blood sugar, longevity and vitality.

**Beta Glucan (IMMUNE BOOSTER)**
- Support the body’s natural defenses.
- Immune system builder.
- Provides support to the body’s natural allergic responses.
- Each capsule contains 300 mg. of highly purified concentrated Beta-Glucan.

Our unique, highly concentrated and highly purified Beta Glucan (1-3, 1-6D) derived from mushrooms has been designed to support and nutritionally prime the body’s natural defense — its immune system.

Key ingredients include: Beta 1,3/1,6-D-Glucan Polysaccharide (from Ganoderma lucidum), Immune Boosting Blend (cordyceps sinensis ext. (Mycelium), Hericium erinaceus ext. (mushroom), Maitake powder (Grifola frondosa) mushroom, Poria powder (Poria cocos) mushroom sclerotia, Shiitake ext. (Lentinus edodes)) equivalent to 500 mg. of plant sterols.

Phytosterol Complex
- May help in preventing Myocardial Infarction.
- Helps the body fight inflammation.
- Studies have shown that plant sterols are effective in preventing hyperproliferation of vascular smooth muscle cell that play a role in atherosclerosis development.

According to the CDC, approximately 31 million American adults have elevated levels of LDL (bad cholesterol). High LDL cholesterol is one factor that may increase the risk of heart disease. Plant sterols when consumed in sufficient quantities, can interfere with the intestinal absorption of cholesterol thereby lowering cholesterol levels. Plant sterol esters consumed as part of a diet low in saturated fat and cholesterol may reduce the risk of coronary heart disease.

Key ingredients include: Phytosterol Complex Providing: Sterol Esters (Beta Sitosterol, Campesterol, Stigmasterol) equivalent to 500 mg. of plant sterols.

(3001) 60 SOFTGELS $35.95

Inner Calm
- Supports the body’s natural ability reduce stress and relax.
- Provides nutritional support to relieve anxiety.
- Helps to regulate heart rhythm and blood pressure.

Use Inner Calm when you feel your body reacting to stress to help it achieve its natural balance. Stress can trigger numerous responses in the body and chronic stress can carry physical and mental risks. Seven out of ten adults in the US reported experiencing stress almost daily and that it often caused stressed induced sleep problems. When you feel your stress level increase, it’s a good time to take a deep breath—and try Inner Calm.

Formulated with Myo-Inositol, Amino Acids (GABA, L-Theanine & Taurine) and a patented form of Organic D-Magnesium Malate, Beet (Beta vulgaris) Root Powder, Dietary Resistant Soluble Fiber, (3003) 300 G. POWDER $39.95 (CHERRY FLAVORED) (3003U) 300 G. POWDER $39.95 (UNFLAVORED)

**Phytosterol Complex**

- May help in preventing Myocardial Infarction.
- Helps the body fight inflammation.
- Studies have shown that plant sterols are effective in preventing hyperproliferation of vascular smooth muscle cell that play a role in atherosclerosis development.

**GlucosFIt™**
- Strong antioxidant activity to scavenge free radicals and prevent lipid peroxidation.
- May support normal kidney function and help prevent damage to blood vessels.
- Helps control appetite and cravings.
- Supports healthy glucose metabolism.

An herbal answer for those who are seeking blood sugar and weight loss management. Clinically studied GlucoFit™ contains Corosolic Acid which has proven to effectively lower blood sugar even in non-insulin dependent (Type II) diabetics.

Key ingredients include: Banaba (Lagerstroemia speciosa L.) standardized to 18% Corosolic Acid.

(3002) 60 SOFTGELS $39.95 (3009) 30 SOFTGELS $32.95 (3009P) 200 SOFTGELS $210.95

**AllerBlast**
- Formulated to provide support to the body’s natural allergic responses.
- Reduces inflammatory response and histamine production.
- Fights cellular attacks that cause the body to over react and produce allergic response.

AllerBlast provides important nutrients to strengthen the immune system, the ultimate answer to chronic allergic reactions.

Key ingredients include: Quercetin, Green tea extract (Camellia sinensis), Bromelain (Natural pineapple), Papain (natural papaya), Licorice Root 4:1 Ext. (Glycyrrhiza glabra).

(911) 60 CAPSULES $34.95

**Detox Plus™**
- Power packed combination of antioxidants, vitamins, amino acids and minerals.
- Helps eliminate heavy metals.
- Immune boosting.

Detox Plus™ is designed to gently clear the body’s natural detoxification channels, allowing the elimination of toxins caused by poor dietary choices, poor digestion, environmental toxins, and metabolic waste.

Key ingredients include: Calcium D-Glucarate, N-Acetylcycteine, Taurine, Broccolli Extract (Brassica oleracea fatica), Trimethylglycine (Betaine), Rosemary (Rosmarium officinalis) leaf, Carnosic Acid, Glycine, Pomegranate (Punica granatum (fruit) (40% Ellagic Acid), Glutamine, Gaba, Betaine, (6004) 60 CAPSULES $39.95 (6004P) 200 CAPSULES $122.00

**MigraBalance Pro™**
- May decrease both the frequency and duration of debilitating headaches.
- Aids in the relief of nausea associated with headaches.

More than 45 million people in the United States suffer from migraine headaches. MigraBalance Pro™ contains important ingredients believed to support natural cerebral tone and pro-inflammatory mediators.

Key ingredients include: Riboflavin (Vit. B2), Magnesium (Amino Acid Chelate), Feverfew Standardized Extract (Tanacetum parthenium) leaf, Outka (Palmaria palmate) plant, Ginger (Zingiber officinale) root.

(2042) 60 CAPSULES $34.95

W ELLN ESS TIP:
Sleep is just as important as diet and exercise. High-quality rest keeps the immune cells and proteins of your immune system strong allowing your body to fight off colds, the flu and other infections.
Intense Defense  
(MEDICINAL MUSHROOM CONCENTRATE)

• Stimulates and balances the immune response.
• Lowers cholesterol and triglycerides.
• Helps improve memory to ward off dementia.

A comprehensive immune support product with specific benefits to the cardiovascular, liver, digestive, urinary, nervous and immune systems. It contains 1,000mg's. of six organic medicinal mushroom extracts along with Beta Glucan to promote active immune function quickly and powerfully producing effects within hours of consumption.

Key ingredients include: Immulink TM Mushroom Beta Glucan (Ganoderma mycelium) Immune boosting blend: Organic Cordyceps militaris mushroom, fruiting body, organic Hericium erinaceus mushroom, fruiting body, Organic Maitake mushroom (Grifola frondosa), fruiting body, Organic Reishi mushroom (Ganoderma lucidum), fruiting body, Organic Shiitake mushroom (Lentinula edodes), fruiting body, Organic Chaga mushroom (Inonotus obliquus) sclerotium, Lo Han Guo (Momordica grosvenorii) fruit.

(2092) 60 G. POWDER $79.95

Relieve  
(NATURAL FACTORS FOR PAIN)

• Natural pain management.
• Key ingredients to help reduce inflammation and stiffness.
• Helps stabilization of the connective tissue matrix of cartilage, tendons and ligaments.

Let these five natural, powerful compounds provide the nutritional factors to help reduce pain, inflammation, improve mood and reduce cravings without the gastro-intestinal complications associated with the overuse of NSAIDS. The key ingredient DL-Phenylalanine (DLPA) according to research, can inhibit the enzymes that are responsible for the breakdown of endorphins and enkephalinase enzymes. This appears to allow the natural pain relieving attributes of endorphins a longer time span for their pain relieving action.

Key ingredients include: DL-Phenylalanine (DLPA) Supportive blend: MSM (Methylsulfonylmethane), White Willow Bark (Salix alba), Curcumin C3 Complex® (Curcuma longa) rhizome, Bupleurum (Piper nigrum) black pepper fruit, Ginger (Zingiber officinale) rhizome.

(2095) 60 CAPSULES $34.95

Adrenal Pro™  

• Helps the body recover from the energy loss and mood-altering effects of chronic stress.
• Has an adaptogenic effect on systems related to cognition, motivation, sensory and motor function.
• Improves focus, attention and aspects of learning and memory.

Sustained stress has been acknowledged as a key driver of many of today’s psychological and physical health complaints. The body is always naturally trying to maintain balance or “homeostasis” during times of stress. Adrenal Pro™ contains some natural adaptogenic plants that may provide nutritional support in times of stress.

Key ingredients include: Adaptogenic blend: Cordyceps (Cordyceps sinensis) mycelium, Bacopa ext. (Bacopa monnieri) stems & leaves, Holy Basil ext. (Ocimum sanctum) leaves, Ashwagandha ext. (Withania somnifera) root, Astragalus ext. (Astragalus membranaceus) root, Jiaogulan (Gynostemma pentaphyllum) whole herb, Schisandra (Schisandra chinensis) fruits, Noni ext. (Morinda citrifolia) fruits, Licorice (Glycyrrhiza glabra) root.

(2073) 60 CAPSULES $36.95
(2073P) 200 CAPSULES $118.00
**NeuroExcel™**

- For mild cognitive loss.
- Natural source of choline.
- Improves memory, recall, mood and behavior.

Thirty million Americans over the age of 65 will experience a decline in their mental abilities over time. This loss can begin in the late 40’s and 50’s. Phosphatidylserine (PS) has been shown to help improve memory and neural function, particularly cognitive dysfunction in the elderly.

Key ingredients include: Phosphatidylserine (PS), Alpha Lipic Acid.

(2063) 118 G. POWDER $69.95

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**Super Lung Support**

- Increases glutathione, the body’s most potent antioxidant to help with proper lung function.
- Beneficial for those with breathing difficulties, asthma and allergies.
- Helps lung function and decreased frequency of COPD symptoms.
- Protective aid against environmental pollution factors.

Along with cordyceps which support epithelial cells in the lungs and the herbal blend providing anti-viral, anti-inflammatory, and anti-microbial benefits for lung support.

Key ingredients include: N-Acetyl-L-Cysteine, Super Lung Support Blend: Cordyceps (C. sinensis) mycelium, Mullein (Verbascum thapsus) leaf, Marshmallow (Althaea officinalis) root, Astragalus (A. membranaceus) root, Licorice (Glycyrrhiza glabra) root, Ginger (Zingiber officinale) root.

(3005) 60 CAPSULES $39.95

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**Sleep Refresh**

- Immune boosting.
- Benefits memory and attention span.
- Protects cardiovascular and brain function.
- Promotes mental clarity.

Sleep restores the body and mind and helps us maintain our mental and physical health. Studies have reported the people who get seven to eight hours of sleep each night enjoy better health and live longer than people who get less sleep. Sleep Refresh helps rebalance an over active central nervous system to restore normal sleep patterns.

Key ingredients include: L-Theanine, Melatonin, Sleep Refresh Blend: Valerian (Valeriana wallichii) root, Chamomile (Matricaria Recutita) flowers, Passion Flower (Passiflora incarnata).

(3006) 60 CAPSULES $34.95

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**Super Indoles-CVB™**

- Indoles promote healthy estrogen metabolism.
- Concentrated, proprietary, Cruciferous vegetable blend in capsule form.

Members of the Crucifer family and its genus Brassica are thought to be particularly protective against estrogen driven cancers, including breast, prostate and colon cancer. These vegetables include Broccoli, Brussels Sprouts, Cauliflower, Cabbage, Bok Choy, Kale, Kohirabi, Rutabaga, Turnips and Watercress.

Key ingredients include: Vitamin C (ascorbic acid), Brox-25™, Diindolymethane (DIM), Indole-3 Carbinol (I3c), Proprietary cruciferous vegetable blend: (CVB™), Cabbage (Brassica oleracea v. capitata), Cauliflower (Brassica oleracea v. botrytis) Flower, Carrot (Daucus carota) Root, Broccoli (Brassica oleracea) Leaf. Lemon (C. limonum) Natural Flavor.

(1502) 60 CAPSULES $36.95
(1502P) 200 CAPSULES $95.00

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**Fibro-Pro™**

- Support for tendons, ligaments and muscles.
- Relieves pain and inflammation.
- Increases energy and normal brain function.
- Enhances immune function.

Stress, over exertion, lack of exercise, grief, trauma, illness or lack of sleep can affect the body’s energy metabolism. Fibro-Pro™ is designed to assist the body in harmonizing metabolic, joint and muscle health.

Key ingredients include: Magnesium (Amino Acid Chelate), Malic Acid, Vitamin B6, Methylsulfonylmethane (OptiMSM™), Olive Leaf Extract (Olea europea) (Leaf), Boswellic (Boswellia serrata) (Tree Resin), Alpha Lipic Acid.

(1550) 90 CAPSULES $29.95

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**Naturcidin™**

- Formula targets the intestines and supports digestion as well as systemic immune function.
- Antimicrobial, antifungal and anti-parasitic properties.
- Helps eliminate biofilms.
- Antioxidants Milk Thistle, Noni and Bilberry for added benefit.

A high potency broad spectrum easy to use liquid concentrate of plant based nutrients and essential oils designed to be used as an early immune defensive measure.

Key ingredients include: Bilberry (Vaccinium Myrtillus) ext., Grape Seed (Vitis Vinifera L.) ext., Cordyceps sinensis, Golden seal (Hydrastis Canadensis) root, Shiitake (Lentinus edodes) mushroom, Noni (Morinda citrifolia) pwd., Garlic (Allium sativum) pwd., White willow (Salix alba) bark, Milk thistle (Silybum marianum), Echinacea purpurea (Angustifolia L.) root, Black walnut (Juglans nigra) leaf & hulls, Fumitory (Fumaria officinalis) ext., Gentiana lutea L. pwd., Oregano (Origanum vulgare) essential oil, Lavender (Lavandula angustifolia) essential oil, Gallbanum (Ferula galbaniflua) essential oil, Tea tree (Melaleuca alternifolia) oil, Alcohol (potato or cane source), Beet (Beta vulgaris) juice.

(290) 1 FL. OZ. $32.95
Green Coffee Bean Extract
- Supports healthy weight loss.
- Supports healthy ratio of lean body mass.
- Helps prevent spikes in blood sugar that can lead to fat accumulation.

Approximately 60% of the US population has issues controlling their weight. Obesity has been correlated with serious conditions include heart disease, stroke, type II diabetes and certain types of cancers. Green Coffee Bean Extract contains chlorogenic acid which in studies has been shown to support normal healthy blood sugar balance while assisting the body in maintaining a balanced metabolism.

Key ingredients include: Green Coffee Bean Extract (Coffea Robusta) [Std. to 50% chlorogenic acid.

(2011) 90 CAPSULES $29.95

Vita Trim Pro™
- Effectively lowers appetite and reduces carb cravings.
- Garcinia Cambogia to help control cholesterol and weight management.
- Hoodia Gordonii to assist in feeling full and satisfied.

Formulated with Garcinia Cambogia along with other key ingredients that play a key role in addressing metabolic issues critical to long term weight management. Vita Trim Pro™ can be your partner to assist you in controlling hunger and craving that can derail any weight management program.

Key ingredients include: Garcinia Cambogia (fruit), Hoodia Gordonii (20:1) plant, Gymnema Sylvanche (leaf), L-Carnitine, Vanadum (amino acid chelate), Weight management blend: Fucoscarinethin brown seaweed, (Laminaria japonica, Undaria pinealifida), Selenium (L-Selenomethionine), Chromium Poly Nicotinate, Magnesium (amino acid chelate), Potassium (chloride).

(2008PRO) 90 CAPSULES $36.95

CarbMate™
- All natural, non-stimulant starch neutralizer/carb controller.
- Each serving has the potential to neutralize the digestion of 2000 or more carb calories.
- Digestive resistant fiber and prebiotics, including FOS and inulin.

Insure the success of your weight loss program with this clinically tested, all-natural starch neutralizer extracted from a Non-GMO White Bean extract. Adding CarbMate™ to “starch foods” like bread, pasta and rice, has been clinically proven to lessen their effect on blood sugar levels plus neutralize their impact on caloric intake.

Key ingredients include: Phase 2 White Bean Extract (Phaseolus vulgaris), Chromium GTF, Magic Fiber™ CLR, Weight support blend of Trace mineral complex (70+ natural trace minerals, Inulin, Short chain fructooligosaccharides.

(6021) 120 G. POWDER $39.95

Rejoice™
- Digestion-resistant fiber to help with satiety.
- Effective weight loss tool.
- Garcinia Cambogia to assist in weight management.
- Natural Aloe to help rejuvenate the digestive track.

Fasting is a time tested practice that helps remove excess waste and toxins that accumulate in the body. Rejoice™ is formulated with delicious, all natural superfruit juice concentrates, plus essential vitamins & minerals to help reduce calories, cleanse, detoxify and rejuvenate the digestive system.

Key ingredients include: Superfruit juice blend: White Grape, Apple, Red Raspberry, Strawberry, Citric Acid, Boysenberry, Cranberry, Blueberry, Black Currant, Wolfberry and Aloe Vera Concentrates with other juice concentrates (WJUC) and with other Natural Flavors, Ascorbic Acid, Vitamin E, Aelitin, Biotin (Vitamin B7), Pyridoxine HCl (Vitamin B6), Thiamin (Vitamin B1), Riboflavin (Vitamin B2), Vitamin D3, Folic Acid (Vitamin B9), Cyanocobalamin (Vitamin B12), water, digestion-resistant fiber, Garcinia Cambogia, Potassium Sorbate and Sodium Benzoate.

(4018) 336 ML. $39.95

W ELLN ESS TIP:
DRINK WATER!
It’s essential for keeping the body hydrated and it takes up space in your stomach so you’ll feel fuller while taking in less calories.

SLIM DOWN SMOOTHIE
8 oz. purified water
1 heaping spoon Green Magic™
1 Tbsp. White Chia
1 scoop PentaCare™ Ageless Beauty
½ cup raspberries
Ice as needed

W ELLN ESS TIP:
DRINK WATER!
It’s essential for keeping the body hydrated and it takes up space in your stomach so you’ll feel fuller while taking in less calories.
Three Treasures Tea™

2 Fluid Ounces  $29.95 Each

Aller-ease™
- Helps combat inflammation and allergies.
- Boosts energy, immunity and sexuality.
- Relieves "stagnant chi", disharmonies and congestion that block the body’s natural healing mechanisms.

(279) Aller-ease™ combines Traditional Chinese herbs to balance and energize the body’s digestive energy. Poor digestion has been linked to indigestion, asthma, sinusitis, hay fever, irritable bowel syndrome, parasites, colitis and more.

Key ingredients include: Plant Based Concentrated extracts of Bitter orange, panax ginseng, Chinese kudzu, Ginger, Chinese blackberry.

Energizing Tea™
- Improve circulation, enhance metabolism and balance energy.
- Caffeine-free.
- Herbs to help increase Qi circulation in the body.

(285) Take time for a natural energy boost both physically and mentally everyday while improving the body’s ability to handle stress.

Key ingredients include: Plant Based Concentrated extracts of Panax ginseng, Schisandra Chinesis, Radix astragalis, Zingiber officinale, Radix Glycyrrhiza, Pueraria lobata, Citrus aurantium and Rubus sauvissimus.

Jubilee Tea™ (282)
- Includes St. John’s Wort to nurture kidney energy and restore homeostasis.
- Increases both Qi and blood circulation.
- Improves mood and mental focus.

(282) A cup of Jubilee™ can improve your mood and restore focus in just minutes. Throughout the world, St. John’s Wort, with its powerful antioxidant properties, has been used to protect and balance the brain and nervous system and boost vitality.

Key ingredients include: Plant Based Concentrated extracts of St. John’s Wort (0.3% Hypericin), Horny Goat Weed, Re Shu Wu, Schisandra, Chinese Knotweed, Ginko Biloba, Astragalus, Lycium, Bupleurum, Dong Quai, Rehmannia and Momordica grosvenori.

Liver Chi™
- Nurturing polysaccharides standardized from edible mushrooms.
- Helps to strengthen the digestive system.
- Traditional Chinese Medicine believes that the liver-energy controls and balances the spleen/stomach energy. The spleen plays a major role in the immune function.

(270) The liver is responsible for over 500 known biochemical reactions in the body! Take this formula to nurture and detoxify your liver and protect it from damage associated with autoimmunity, inflammation, oxidation, poor diet and infections.

Key ingredients include: Plant Based Concentrated extracts of Ganoderma (Reishi), Lentinus (Shiitake), Grifola (Maitake), Schisandra, Poria, Cordyceps, Hericium, Lycium, Milk Thistle, Rubus Sauvissimus, and Luo Han Guo (Momordica).

Kidney Enhancer™
- Herbs used for thousands of years to improve kidney/sexual energy.
- Helps to lower blood pressure by increasing circulation.
- Influences clarity of thinking.

(272) Medical journals indicate that by age 40 the average adult has cumulatively lost approximately 40% of their kidney function. Kidney Enhancer™ is a Traditional Chinese formula used to improve kidney energy, naturally balance sexual hormones and promote longevity.

Key ingredients include: Plant based concentrated extracts of Dong Quai (Angelica Sinensis), Knotweed (Polygonum aviculare), Fo-Ti (Polygonum multiforum), Horny Goatweed (Epimedium sagittatum) Luo Han Guo (Momordica grosvenori), Panax ginseng, Schisandra chinesis.

Longevity Heart Chi™
- The most comprehensive anti-aging formula available.
- Detoxifying antioxidant.
- Polyphenols to support the immune system and encourage body fat cleansing.

(278) Support heart health and the body’s detoxification systems as you enjoy a great tasting, traditional herbal formula. Each dropper full (30 drops) provides as much antioxidant power as 10-20 cups of regular caffeine-free green tea (in tea bags).

Key ingredients include: Green Tea Extract (88% Polyphenols), Plant based Blend of: Wolfberry, Jujube, Citrus Sinensis, Ginger, Astragalus, Momordica (Lou Han Guo), Rehmannia.

Perfect Balance™
- Delivers maximum balance benefits of herbs used in traditional Chinese formulas to enhance cellular uptake.
- Helps naturally balance blood sugar.
- Nurtures the eyes by helping improve circulation in the optical system.

(277) Take this great tasting traditional Chinese herbal formula which increases the Qi (vital energy) and nurtures your lungs, spleen, liver, kidneys and stomach.

Key ingredients include: Plant based concentrated extracts of Siberian Ginseng, Panax Ginseng, Astragalus and Chinese Kudzu. Other Ingredients: Natural Flavors, Vegetable Glycerin, Purified Water.

Therapeutica™
- Reduces inflammation and balances the immune system.
- A great cleansing tonic that may be used during your detox program.
- Helps the body with relieving aches and pains.

(280) Wei Chi Tea. This powerful tea concentrate delivers the maximum benefits of Cassia tora and Chinese kudzu to supply cooling energy to the liver, kidneys, lungs, gallbladder, large intestine and small intestine which protects them from infection.

Key ingredients include: Plant based blend of: Concentrated extracts of Cassia tora (Cassia obtusifolia), Chinese kudzu (Pueraria lobata), Chinese skullcap (Scutellaria baicalensis), Luo Han Guo (Momordica grosvenori), Knotweed (Polygonum aviculare), Licorice (Glycyrrhiza glabra).

Vitality™
- Nourishes yang to improve blood and Chi — the essence of sexual energy.
- Helps to regulate hormone levels.
- Circulatory stimulant and blood fortifier.

(271) A daily cup of delicious tea, served hot or cold, can provide phytoneutrients to help fight fatigue and dramatically improve circulation. The most Yang of the Three Treasure Teas™.

Key ingredients include: Plant based concentrated extracts of Dong Quai, Horny Goat Weed, Ginseng, Chinese Knotweed and Licorice.

For over 5,000 years the Chinese have observed the correlation between the body’s organ systems and optimal health. Early physicians meticulously documented how herbs could be used to restore balance. Today, New Spirit Naturals’ all new technology allows us to standardize these time tested herbs to maximize their phytonutrient value in our delicious, preservative free, Three Treasure Teas.
Your home is where you spend most of your time so it is important that it is a safe environment where you can relax and refresh. New Spirit Naturals offers a wide variety of products to promote mental clarity, help control pain while promoting relaxation and work to eliminate harmful toxins and chemicals to keep your home a harmonious environment.

Ondré Sacred Sage

• Clears away the negative energy in any room.
• Relaxing, rejuvenating, balancing, revitalizing and stimulating.
• Strengthens mental clarity and awareness.

There is an incredible history that surrounds Sacred Sage’s mystical ingredients. This precise energetic combination has been carefully balanced and harmonized by Ondré using the principles of FEM™ to maximize their bio energetic frequencies. This convenient mist is ready for use and a must for anyone who is sensitive to energetic frequencies. Discover what our ancestors already knew... the secret is in the energy.

Key ingredients include: De-ionized Water, Denatured Alcohol, Vegetable Glycerin, PURE Therapeutic Essential Oils of Clary Sage (Salvia sclarea), Rosemary Verbenone (Rosmarinus officinalis), Frankincense (Boswellia Carteri), Polysorbate 20, Citric Acid, Natural Earth Element Colloidal Gold and Ondré’s Protective Blessing.

(215) 80 ML. $26.95

KleanHouse™

(NON TOXIC HOME CLEANER)

• Designed for use on hard surfaces.
• Removes pet odors.
• Safe for children and pets.
• No toxic residue or harsh chemicals.


(605) 16 FL. OZ. $16.95 CITRUS
(ORANGE, WHITE GRAPEFRUIT, LEMON & TANGERINE)

(606) 16 FL. OZ. $16.95 LAVENDER
(LAVENDER & EUCALYPTUS)

(607) 16 FL. OZ. $16.95 LEMONGRASS
(LEMONGRASS, LAVENDER & EUCALYPTUS)

Sea Clear™

Laundry Detergent

(WITH TEA TREE OIL)

• Provides greater than 95% biodegradability in less than seven days in an open environment.
• 100% biodegradable to natural compounds within thirty days.
• Phosphate and filler free.

An environmentally safe product that is recommended for all types and colors of clothes, particularly for baby clothes or those with sensitive skin. Sea Clear™ contains built-in fabric softener which reduces static cling and tea tree oil to naturally dissolve dirt and serve as a natural bactericide and fungicide.

Key ingredients include: Sodium carbonate, Sodium sulphate, Sodium percarbonate, Sodium alkyaryl sulfonate and Linear alcohol ethoxylate, Tea tree oil.

(605) 3 LBS. $26.95

New Spirit Naturals Home

WELLNESS TIP:

A healthy home can help you have a healthy body! Opening windows and letting in some fresh air can clear unwanted pollutants and give you more energy.
**PentaCare™ SkinCare**

Our chronological age advances with every minute of the day. The good news is that it doesn’t have to show! Dr. Milam’s Anti-Aging treatment grade formulations have the benefit of incorporating popular herbs, a new generation of botanicals, nutraceuticals, skin vitamins and antioxidants in economical age-defying products. Now you can look as young as you feel by turning back the clock to more youthful facial contours with the PentaCare™ skin program.

**STEP 1: DAILY CLEANSING.**

The key to rejuvenating your skin is to cleanse it every day. PentaCare™ daily cleansers gently remove stubborn makeup and refine pores as they release environmental and endogenous toxins. Each daily cleanser incorporates the newest innovations in skin care technology to protect the skin’s Natural Moisturizing Factor by restoring its suppleness and youthful vitality every time you cleanse.

**Purifying Crème Cleanser**

*(FOR NORMAL, DRY, SENSITIVE AND ACNE PRONE SKIN)*

- Gently sweeps away external pollutants and the by-products of metabolism.
- Contains easy-rinse, non-irritating, non-soap cleansing agents.
- Natural botanical extracts & antioxidants to soothe and calm sensitive skin.

Key ingredients include: Aqua (Aloe Barbadensis) Leaf, Cucumber Salvia (Cucumber) Fruit, Chamomilla Recutita (Matricaria) Flower, Kelp (Algae), Sambucus Nigra Flower, Achillea Millefolium (Yarrow), Citrus Aurantium Dulcis (Orange) Peel, Rosa Centifola Flower (Rose) Extracts, Retinyl Palmitate (Vit. A), Calcium Ascorbate (Vit. C), Tocopheryl Acetate (Vit. E), Fragrance. For a complete list of ingredients, please visit our website.

(342) 125 ML. $25.00

**Deep Foaming Cleanser**

*(FOR NORMAL TO OILY SKIN)*

- Gentle fruit acid complex (AHA) lifts waste along with dead skin cells.
- Formulated to soothe oily skin providing a smoother, more vibrant complexion.
- Infused with Vitamins A, C & E to neutralize free radicals.

Key ingredients include: Aqua (Aloe Barbadensis) Leaf, Cucumber Salvia (Cucumber) Fruit, Chamomilla Recutita (Matricaria) Flower, Kelp (Algae), Sambucus Nigra Flower, Achillea Millefolium (Yarrow), Citrus Aurantium Dulcis (Orange) Peel Ext., Rosa Centifolia Flower (Rose) Extracts, Diosmin (Rutin) Misp. Citric Acid, Saccharum Officinarum (Sugar Cane) Ext. & Chus Medicina Limonum (Lemon) Fruit Ext. & Pyrus Malus (Apple) Fruit Ext. & Camellia Sinesis Leaf Ext., DC Panthenol, Sodium Lactate & PDA & Sorbitol & Hyaluronic Collagen & Proline, Tocopheryl Acetate (Vit. E). For a complete list of ingredients, please visit our website.

(341) 125 ML. $25.00

**STEP 2: LIFT & TIGHTEN.**

As we age our skin tends to sag with more noticeable bags and wrinkles, but only if we let it! PhytoFresh Firming Gel & Activator is your secret weapon to looking years younger than your age. Used daily, this formula will work its magic to restore freshness and tone to tired or aging skin!

**PhytoFresh Firming Gel & Activator**

- Plant and Marine Extracts to lift and firm the skin while herbal extracts sooth inflammation.
- Multi-Mineral complex to boost the skin’s ability to renew collagen resulting in a smoother appearance.
- VitaMarine Skin Lift added to help the tightening and lifting effect.

Recommended for all skin types, including hypersensitive skin. These natural plant and ocean based ingredients will help to tighten, lift, hydrate, nourish and refresh the skin.

Key ingredients include: Aqua (Aloe Barbadensis) Leaf, Camellia Sinesis Leaf, Chamomilla Recutita (Matricaria) Flower, Hammelis Witches Hazel Extracts, Macrocystis Pyrifera & Hyaluronic Wheat Protein & PVP, Sodium Lactate Proline, Magnesium Aspartate & Zinc Gluconate & Copper Gluconate, Fragrance, Menthyl, Retinyl Palmitate (Vit. A), Tocopheryl Acetate (Vit. E), Calcium Ascorbate (Vit. C). For a complete list of ingredients, please visit our website.

(343) 125 ML. $25.00

**STEP 3: SMOOTH & REDEFINE.**

With the sun, wind, environment and pollution combined with facial makeups and foundations working to dry your skin, it is imperative that you add moisture back every chance you get. HydraBalance MicroCollagen Moisturizer replenishes moisture, providing a layer of protection against dry skin. If you desire the best, your wishes have been granted!

**HydraBalance MicroCollagen Moisturizer**

- Ficas Carica Extract helps boost the skin’s production of structural proteins, including fibronectin, elastin and collagen to reduce fine lines and wrinkles.
- Pentapeptides and Tetrapeptides to improve firmness and elasticity.
- Kepadelie Seaweed Extract protects collagen and elastin and provides natural protection against sun damage.

Moisturize, protect, and energize your skin, visibly correcting wrinkles with an amazing synergistic blend of cosmeceutical and nutraceutical ingredients. HydraBalance MicroCollagen Moisturizer contains Pentapeptides and Tetrapeptides to improve firmness and elasticity. As we age, our skin collagen breaks down resulting in increased wrinkle volume and density. The blend of highly concentrated plant and marine extracts in HydraBalance MicroCollagen Moisturizer will keep your skin young and vibrant.

Key ingredients include: Aqua (Aloe Barbadensis) Leaf, green tea Ext. (camellia sinensis), bidens tripartita ext., sodium lactobionate ext., enteromorpha compressa, hipothamella elongate, macrocystis pyrifera ext., palmitoyl, tetrapeptide 1 palmitoyl pentapeptide 3 sodum polyacrylate, triethanolamine, ficus carica (fruit ext.), fragrance. For a complete list of ingredients, please visit our website.

(340) 50 ML. $40.00

OR
PentaCare™ Aloe Non-Surgical Face Lift

- Rejuvenating mask that calms inflammation and minimizes enlarged pores.
- Reduces the appearance of wrinkles.
- Loosens dead skin cells that can cloud your complexion.

People go to expensive spa and pay thousands of dollars to tighten their skin and reduce wrinkles, but you don’t have to. Now you can get the same effect at home with this easy to use facelift that revitalizes, gently lifts and refines your skin. Combine this rich protein complex with Phytofresh Firming Gel & Activator for a deep beauty treatment with results you will feel and see immediately.

Key ingredients include: Albumen, Acaicia gum, corn starch, aloe barbadensis leaf ext. power (200:1) Papain, Bromelain.

(306) 28.5 G. POWDER $29.95

PentaCare™ Skin Radiance (Exfoliator)

- Assists the skin’s natural renewal process without causing irritation.
- Improves texture, tone and hydration.
- Incorporates mixed fruit acids and alpha hydroxy acid (AHA) in a rich moisturizing formula.

This plant based formula gently removes skin’s dull, damaged surface layer and uncovers a smoother, more radiant complexion.

Key ingredients include: Deionized water, alpha hydroxy acid & citrus ext. & sugar cane ext. & malus domestica leaf & camellia sinensis leaf ext., isopropyl palmitate, c12-15 alkyl benzoate, glycercine, chamomilla recutita (chamomile) flower ext. & cucumis sativus (cucumber) fruit ext. & marasacoccus pterygia ext. & sambucus nigra flower ext. & arctium lappa flower, alisma plantago aspersa, pyrus malus, citrullus vulgaris, a citrus aurantium dulcis peel ext. & rosa centifolia flower ext., cetyl alcohol, glycerin, peg-12, tocopheryl acetate, stearyl alcohol & ceteareth-20, aloe barbadensis concentrate, prunus glycol & diazolidinyl urea, peg-100 stearate, sodium lactate asodium pca & sorbitol & proline, glyceryl stearate, magnesium aluminum silicate, xanthum gum, dimethicone, retinyl palmitate, fragrance, tetrasodium edta, methylparaben, propylparaben.

(321) 50 ML. $39.95

PentaCare™ Skin Illuminating Serum™

Use this special Skin Illuminating Serum™ on clean skin morning and night for best results and enjoy its endless benefits:

- Diminishes the appearance of fine lines and wrinkles.
- Helps recapture youthful lumnosity.
- Smooths skin without the unpleasant side effects found with harsh cosmetic therapies.

New Spirit Naturals Skin Illuminating Serum™ is a product of the latestadvances in Anti-Aging Skin Care. It contains a patent pending technology for the delivery of key growth factors found in natural human skin. As we age, dermal fibrobist cells become dormant, skin becomes thinner and loses its elasticity, brightness, illumination and tone.

Our Skin Illuminating Serum™ is formulated with:
- Peptide Complex (penta and tetra) and many natural growth factors.
- An amino acid complex (mimics amino acid structure of skin).
- A skin energizing complex of cationic and anionic minerals.
- Moisturizing, hydrating and nourishing agents.
- Panthenol (Vitamin B5).
- Natural botanicals, Aloe and Green Tea.
- Regenerating base of natural growth factors derived from adipose stem cells.

Key ingredients include: Human adipose derived stem cell conditioned media, Deionized water, Hydroxyethylcellulose, Panthenol, Aloe barbadensis, Glycerin, Amino acid complex, Magnesium asparte & zinc gluconate & copper gluconate, Glycosaminoglycans, Palmoty/panpetepepe-3, Palmitoytetrapeptide-3, Phenoyethanol, Fragrance, Citric Acid, Green tea (camellia sinensis).

(350) 30 ML. $129.95

PentaCare™ Ageless Beauty Your “DRINKABLE BEAUTY” PRODUCT

- Packed with anti-oxidants to combat free radical which cause premature aging.
- Helps reduce fine lines and wrinkles.
- Promotes healthy hair and nails.

Skin is the primary indicator of health and presents external aging symptoms. Research shows that nutri-cosmetics and food based ingredients can promote younger looking skin. Collagen and Hyaluronic acid are two keys to beautiful skin, hair & nails. Collagen alone makes up approximately 30% of the protein of the living body and 70% of the protein that makes up skin. These key factors serve as important building blocks for the skin to help maintain healthy looking skin.

Key ingredients include: Sodium, protein, Vitamin C (as Ascorbic Acid), Hydrated Collagen (Type I & III), Hyaluronic Acid, Proprietary Blend L-GLutamine, L-Glycine, L-Lysine, L-Proline, Proprietary Blend Green tea (Camellia sinensis) Extract, Pomegranate (Punica granatum) Extract, Olive Leaf (Olea europaea) Extract, Resveratrol Extract.

(345) 30 ML. $35.00

(351) 300 G. $59.95
With the daily stress of our fast-paced lifestyles, it is always a good idea to stop and take some time to pamper and rejuvenate ourselves. New Spirit Natural’s personal care products were designed to bring the luxurious spa feeling right into your home. So when you need some “me time”, reach for these natural botanical based products to wash away your stress and have you feeling your best in no time.

**Revitalizing Shampoo**
- High in protein, vitamins A and E and Omega’s 3, 6 & 9 to hydrate hair from root to tip.
- Vitamin B to help thicken the hair.
- A unique aromatherapy blend.

This rich, dense foam treatment grade shampoo is formulated to cleanse the hair and scalp of excess oils, gels, sprays, and toxins. Organic Sacha Inchi Oil is added to nourish hair, skin and nails by strengthening the natural barriers of cell walls. This nutrient dense shampoo also contains StimuCap™— which is effective in the prevention and reduction of premature hair loss by naturally moderating the scalp’s inflammatory process.

Key ingredients include: Deionized water (Aloe Barbadensis Leaf Ext. 200:1, Chamomilla Recutita Flower Ext. (&) Cucumis Sativus Fruit Ext. (&) Macrocystis Pyrifera Ext. (&) Sambucus Nigra Flower Ext. (&) Achillea Millefolium Ext. (&) Citrus Aurantium Dulcis Peel Ext. (&) Rose Centifolia Flower Ext. (&) StimoCapi® (Potassium CLA Glutathione & Sodium DNA), Organic Sacha Inchi (Plukenetia volubilis) oil, Amino Acid Complex (Sodium Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi Oil is added to give your hair natural gloss while keeping your scalp healthy.

Key ingredients include: Deionized water (Aloe Barbadensis Leaf Ext. 200:1, Chamomilla Recutita Flower Ext. (&) Cucumis Sativus Fruit Ext. (&) Macrocystis Pyrifera Ext. (&) Sambucus Nigra Flower Ext. (&) Achillea Millefolium Ext. (&) Citrus Aurantium Dulcis Peel Ext. (&) Rose Centifolia Flower Ext. (&) StimoCapi® (Potassium CLA Glutathione & Sodium DNA), Organic Sacha Inchi (Plukenetia volubilis) oil, Amino Acid Complex (Sodium Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi Oil is added to give your hair natural gloss while keeping your scalp healthy.

Price: (500) 11 FL. OZ. $24.95

**Revitalizing Conditioner**
- Beneficial for detangling, conditioning, thickening and reducing static without buildup.
- Added amino acids to strengthen hair.
- A unique aromatherapy blend.

A perfect companion to the Revitalizing Shampoo to give your hair the nutrients it needs to stay healthy and strong while providing an easy to manage silky texture. This formula is infused with Sacha Inchi oil and Aloe Vera to give your hair natural gloss while keeping your scalp healthy.

Key ingredients include: Deionized water (Aloe Barbadensis Leaf Ext. 200:1, Chamomilla Recutita Flower Ext. (&) Cucumis Sativus Fruit Ext. (&) Macrocystis Pyrifera Ext. (&) Sambucus Nigra Flower Ext. (&) Achillea Millefolium Ext. (&) Citrus Aurantium Dulcis Peel Ext. (&) Rose Centifolia Flower Ext. (&) StimoCapi® (Potassium CLA Glutathione & Sodium DNA), Organic Sacha Inchi (Plukenetia volubilis) oil, Amino Acid Complex (Sodium Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi Oil is added to give your hair natural gloss while keeping your scalp healthy.

Key ingredients include: Deionized water (Aloe Barbadensis Leaf Ext. 200:1, Chamomilla Recutita Flower Ext. (&) Cucumis Sativus Fruit Ext. (&) Macrocystis Pyrifera Ext. (&) Sambucus Nigra Flower Ext. (&) Achillea Millefolium Ext. (&) Citrus Aurantium Dulcis Peel Ext. (&) Rose Centifolia Flower Ext. (&) StimoCapi® (Potassium CLA Glutathione & Sodium DNA), Organic Sacha Inchi (Plukenetia volubilis) oil, Amino Acid Complex (Sodium Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi Oil is added to give your hair natural gloss while keeping your scalp healthy.

Price: (501) 11 FL. OZ. $28.95

**Moisturizing Body Wash**
- Moisturizes, smooths and softens the skin.
- Helps increase collagen deposition.
- Gentle on the skin and great for men, women and children.

Experience the magic of moisture with this refreshingly fragrant Moisturizing Body Wash. This luxurious body wash contains Sacha Inchi, and an herbal complex of Aloe, Chamomile, Cucumber, Seaweed, Elderberry, Orange Peel and Rose Extracts to help refresh, refine and tone skin while delicately cleansing.

Key ingredients include: Deionized water (Aloe Barbadensis Leaf Ext. 200:1, Chamomilla Recutita Flower Ext. (&) Cucumis Sativus Fruit Ext. (&) Macrocystis Pyrifera Ext. (&) Sambucus Nigra Flower Ext. (&) Achillea Millefolium Ext. (&) Citrus Aurantium Dulcis Peel Ext. (&) Rose Centifolia Flower Ext. (&) StimoCapi® (Potassium CLA Glutathione & Sodium DNA), Organic Sacha Inchi (Plukenetia volubilis) oil, Amino Acid Complex (Sodium Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi Oil is added to give your hair natural gloss while keeping your scalp healthy.

Key ingredients include: Deionized water (Aloe Barbadensis Leaf Ext. 200:1, Chamomilla Recutita Flower Ext. (&) Cucumis Sativus Fruit Ext. (&) Macrocystis Pyrifera Ext. (&) Sambucus Nigra Flower Ext. (&) Achillea Millefolium Ext. (&) Citrus Aurantium Dulcis Peel Ext. (&) Rose Centifolia Flower Ext. (&) StimoCapi® (Potassium CLA Glutathione & Sodium DNA), Organic Sacha Inchi (Plukenetia volubilis) oil, Amino Acid Complex (Sodium Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi Oil is added to give your hair natural gloss while keeping your scalp healthy.

Price: (501) 11 FL. OZ. $22.95

**Moisturizing Body Lotion**
- Avocado Oil, Vitamin E, Jojoba Oil to hydrate dry skin.
- Botanical herbal extract blend to refresh and tone the skin.
- Excellent for all skin types.

Treat yourself to a spa day with our Moisturizing Body Lotion. This fragrant lotion includes natural oils and botanicals to pamper and hydrate your skin. Infused with Sacha Inchi (a natural source of Omega 3, 6 & 9), use in combination with our Moisturizing Body Wash for silky, smooth skin.

Key ingredients include: Deionized water, Aloe Barbadensis, Amino Acid Complex (Sodium PCA, Serine, Glycine, Glutamic Acid, Alanine, Lysine, Arginine, Threonine, Proline, Betaine), Organic Sachi Inchi (Plukenetia volubilis) & Avocado (Persea Americana) & Vit. E (Tocopherol) Acetate & Jojoba (Simmondsia Chinensis) Oil, Chamomilla Recutita Flower (A) Cucumis Sativus Fruit (&) Macrocystis Pyrifera (&) Sambucus Nigra Flower (&) Achillea Millefolium (&) Citrus Aurantium Dulcis Peel (&) Rose Centifolia Flower Ext. & High Oleic-Safflower Oil. Fragrance (Parfum). For a complete list of ingredients, please visit our website.

Price: (511) 11 FL. OZ. $24.95

**Wellness Tip**
Add 5-7 drops of Lavender Essential Oil to 1 Tbsp. of carrier oil and mix into your bath for a relaxing soak.
Personal Care

Premiere Toothpaste
- No added sugars or artificial dyes.
- Fluoride Free and Gluten Free.
- Safe for the entire family.

A dual action formula that cleans and polishes while gently removing stains. Our FRESH blend of natural essential oils is added along with Tea Tree, Spearmint, Peppermint, Cinnamon and Clove to leave your mouth feeling clean and refreshed.

Key ingredients include: Sorbitol, DI Water & Aloe Vera Gel, Vegetable Glycerine, Xanthan (113-165) Dental Hydrated Silica, Sodium Lauryl Sarcosinate, Cellulose Gum, Fresh™ Essential Oil Blend (Mentha Spicata (Spearmint Oil), Mentha Piperita (Peppermint Oil), Malaleuca Alternifolia (Tea Tree Oil), Cinnamomum Zeylanicum (Cinnamon Oil), Syzygium Aromaticum (Clove Bud Oil)), Royal Jelly, Simethicone, Sodium Benzoate.

(211) 4 OZ. $12.95

Premiere Concentrated Oral Rinse
- No artificial dyes or sugars.
- Concentrated with over 85 applications.
- On the go bottle for anytime use.

The American Dental Association recommends that you combine your daily teeth brushing with an oral rinse and daily floss to maintain healthy teeth and gums. Premiere Concentrated Oral Rinse contains a spearmint antiseptic alcohol combined with a natural FRESH essential oil blend that works to disinfect your mouth and kill harmful bacteria that can lead to many periodontal conditions.

Key ingredients include: DI water, Glycerin, SDA Spearmint Alcohol, Xylitol, Spearmint Flavor, Peppermint Flavor, Poloxamer, Polysorbate 20, Fresh Essential Oil Blend (Mentha Spicata (Spearmint Oil), Mentha Piperita (Peppermint Oil), Melaleuca Alternifolia (Tea Tree Oil), Cinnamomum Zeylanicum (Cinnamon Oil), Syzygium Aromaticum (Clove Bud Oil)), Sodium Benzoate, Aloe Vera (Aloe Barbadosensis), L-Optizync, Potassium Sorbate.

(205) 2.25 FL. OZ. $19.95

Tea Tree Oil
- An effective home remedy for acne.
- Anti-parasitic, anti-fungal.
- Soothes inflamed skin and kills bacteria.
- Natural multi-use essential oil.

100% pure natural oil of the Melaleuca Alternifolias (Tea Tree). A product of Australia used throughout the world for its powerful natural antiseptic properties. Tea Tree is safe and effective and handly addresses a long list of maladies, including troubled skin, insect bites, and bad breath.

Key ingredients include: Pure Tea Tree Oil (Melaleuca alternifolia).

(220) .50 FL. OZ. $24.95

Viva La Derma PLUS A
- Botanical ingredients including Retinol A, Vitamin E and GLA (Gamma Linolenic Acid).
- Repairs damaged skin from environmental stress.
- Softens scars and discoloration on the skin.

The ultimate anti-aging botanical blend containing Retinol A. This natural skin care serum has an extraordinary history, restoring health and beauty to damaged and aged skin.

Key ingredients include: Viva La Derma (Rose Hips Oil, Natural Vitamin E and Gamma Linoleic Acid), Retinol (Vitamin A).

(326) 1 FL. OZ. $99.00

SKIN AND BODY CARE

Hot Stuff Massage Lotion
- Deep penetrating and therapeutic heat for sore muscles.
- Hydrates the skin with Sacha Inchi oil.
- Contains natural botanicals and essential oils.

A soothing, aroma therapeutic lotion to help melt away stress from over worked and strained muscles while giving your body a sense of well being.

Key ingredients include: Deionized water, Aloe Barbadensis, Methyl Salicylate, Camphor, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl TAurate Copolymer (ES) Polysorbate 60, Vit. E (Tocopherol Acetate), Tea Tree (Melaleuca Alternifolia) Oil, Rose Hip Seed (Rosa Ruidrigesina) Oil, Triethanolamine, Deydroacetic Acid (A) Benzyl Alcohol, Organic Sacha incy (Plukenetia volublis), Arnica Montana (A) Betula Alba Leaf & Bark Ext., Carbomer, Propylene Glycol & Melissa Officinalis Leaf Ext. & Quercus Alba Bark Ext., Thymus Vulgaris (Thyme) Ext. & Guerous Alba Bark Ext., Vit. A (Retinyl Palmitate).

(212) 8.1 FL. OZ. $29.95

Aloe Vera Gel
- Gentle, slightly cooling and natural formula.
- Tea tree oil added to assist with healing.
- Great for the entire family!

New Spirit Natural’s Aloe Vera Gel is a plant based restorative gel which can be applied to skin to moisturize, calm and soothe rough or sun damaged skin.

Tea Tree Oil, Methylsulfonylmethane (MSM) and Arnica are added to provide additional benefits to relieve skin inflammation that can cause discomfort.

Key ingredients include: Deionized water, Aloe Barbadensis, Methylsulfonylmethane (MSM), Dehydroacetic Acid & (Benzyl Alcohol), Arnica Montana (A) Petula Alba Leaf & Bark Ext, Carbomer, Bisabolol, Melaleuca Alternifolia (Tea Tree) Oil.

(214) 8.1 FL. OZ. $29.95

That Stuff Aloe Lotion
- Therapeutic, deep penetrating for joints.
- Can help bring relief from aches and pains.
- Natural oils to hydrate and add moisture back to the skin.

Formulated as a deep penetrating and highly hydrating lotion to soothe and soften your skin without the irritating side effects of harsh chemical and overpowering fragrances.

Key ingredients include: Deionized water, Aloe Barbadensis, Isopropyl Palmitate, Glycerine, Stearic Acid, Cyclomethicone, Cetyl Alcohol, Amino Acid Complex (Sodium PCA, Serine, Glycerine, Glutamic Acid, Alanine, Lysine, Arginine, Threonine, Proline, Betaine). MSM (Methylsulfonylmethane), Glycerin Urate, Triethanolamin, Alcohol (V) Ceteareth-20, Deydroacetic Acid (A) Benzyl Alcohol, Arnica Montana (A) Betula Alba, Carbomer, Dimethicone, Avocado (Persea Americana) Oil, VIT. E (Tocopherol Acetate), Jajoba (Simmondsia Chinensis) Oil, Chamomilla Rectolia Flower (Cuminum Salignus Fruit) & Macrocystis Pyrfera (S) Sambucus Nigra Flower (A) Achillea Millefolium (A) Citrus Aurantium Dulcis Peel (A) Rosa Centifolia Flower Extracts, High Oleic Safflower Oil.

(213) 8.1 FL. OZ. $29.95

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